## ORTHODOX CHURCH DIGITAL CALENDAR 2024



Red Fast day (Meat, dairy and meat products, fish, wine, and oil are not permitted)

Blue Fast day with wine and oil (and in some cases fish, and before Lent, fish and dairy) are permitted

Green Fast-free day

#### Calendar Symbols

Wine and oil permitted on a Fast day

Fish permitted on a Fast day

TEXT Designates one of the thirteen major Feast days of the Church including HOLY PASCHA

MΘ OURMOST HOLY LADY THEOTOKOS

Note: The Greek Typikon was used for all fasting guidelines in this calendar. A complete description of fasting guidelines can be found in our 2024 Pocket Calendar. For local variations on fasting, please refer to the Orthodox Christian Fasting Guide-

lines included on the back page of this calend. Edition







Oftentimes have I quoted the words of Saint Seraphim, and once again shall I mention them. Once there came to him a mother who was concerned about how she might arrange the best possible marriage for her young daughter. When she came to Saint Seraphim for advice, he said to her: "Before all else, ensure that he, whom your daughter chooses as her companion for life, keeps the fasts. If he does not, then he is not a Christian, whatever he may consider himself to be." You see how the greatest saint of the Russian Church... Saint Seraphim of Sarov, a man who, better than we, knew what Orthodoxy is, spoke concerning the fasts?

> SAINT PHILARET OF NEW YORK. THE NEW CONFESSOR

#### Our Hierarchs

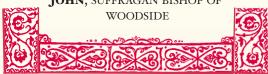
**GREGORY, METROPOLITAN OF BOSTON** President of the Holy Synod & Locum Tenens of the METROPOLIS OF TORONTO

**IGNATIUS, METROPOLITAN OF SEATTLE** 

PAUL, METROPOLITAN OF NAIROBI On behalf of the Church in East Africa

SPYRIDON, BISHOP OF SAINT PETERSBURG On behalf of the Church in Russia

JOHN, SUFFRAGAN BISHOP OF



## HOLY ORTHODOX CHURCH IN NORTH AMERICA

**METROPOLIS OF TORONTO** 

77 CRAIGLEE DRIVE SCARBOROUGH ONTARIO M1N 2M6 WWW.HOMT.CA

METROPOLIS OF BOSTON 852 SOUTH STREET ROSLINDALE MA 02131 WWW.HOMB.ORG

METROPOLIS OF SEATTLE 10300 ASHWORTH AVE NORTH SEATTLE WA 98133 WWW.HOMSEATTLE.ORG



Ç.	<b>JANUARY 2024</b>							
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#### **FEAST DAYS**

- 1/19 Martyr Boniface at Tarsus in Cilicia (\*\*ca 290). St Aglaïs, Rome (\*\*ca 303).
- 2/20 FOREFEAST OF HOLY NATIVITY. Hieromartyr Ignatius the Godbearer, Bishop of Antioch (\$\pi\_{107}\$).
  - 3/21 Virgin Martyr Juliana of Nicomedia (№299).
  - 4/22 Martyrs Anastasia, Deliverer from Potions & Chrysogonus of Rome (4ca 300).
  - 5/23 Ten Martyrs of Crete (№250). ROYAL HOURS OF HOLY NATIVITY.
- 6/24 EVE OF THE HOLY NATIVITY OF CHRIST.

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7/25 HOLY NATIVITY ACCORDING TO THE FLESH OF OUR LORD, GOD & SAVIOUR JESUS CHRIST

FAST-FREE DECEMBER 25 - JANUARY 4

- 8/26 SYNAXIS OF OUR MOST HOLY LADY THEOTOKOS. The holy ancestors of God: St Joseph the Betrothed, Righteous David the Prophet King, & St James the Brother of our Lord.
- 9/27 First Martyr & Archdeacon Stephen (\*34). St Theo the Branded (\*838).
- 10/28 The Holy 20,000 Martyrs burned in Nicomedia (₹303). St Simon the Myrrh-streamer, Founder of Simonopetra Monastery Mt Athos (₹13<sup>th</sup> C).
- 11/29 The 14,000 Holy Innocents slain in & around Bethlehem by Herod.
- 12/30 Virgin Martyr Anysia of Thessalonica (#298).
- 13/31 APODOSIS\* OF HOLY NATIVITY. Martyr & Presbyter Zoticus of Rome, Patron of Orphans & perfected in martyrdom in Constantinople (\*4th C).

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- 14/1 SUNDAY BEFORE HOLY THEOPHANY. CIRCUMCISION OF OUR LORD, GOD & SAVIOUR JESUS CHRIST. St Basil the Great, Archbishop of Caesarea in Cappadocia (\*379).
- 15/2 FOREFEAST OF HOLY THEOPHANY. St Sylvester, Pope of Rome (¥325). Righteous Father Seraphim, Wonderworker of Sarov (¥1833).
- 16/3 Holy Prophet Malachias (₹5<sup>th</sup> C BC). Righteous Mother Genevieve of Paris (₹*ca* 502).
- 17/4 SYNAXIS OF THE HOLY & GLORIOUS 70 APOSTLES.
- 18/5 ROYAL HOURS & THE EVE OF HOLY THEOPHANY. Martyrs of Nicomedia Bishop Theopemptus & the former sorcerer Theonas (\*\*\*£ca\*\*303).
- 19/6 HOLY THEOPHANY OF OUR LORD GOD & SAVIOUR JESUS CHRIST
- 20/7 SYNAXIS OF THE VENERABLE & GLORIOUS PROPHET, FORERUNNER & BAPTIST JOHN.

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- **21/8 SUNDAY AFTER HOLY THEOPHANY.** St Domnica of Const. (\*\*ca 474). Martyr Abo, the Perfumer of Baghdad, beheaded in Tbilisi (\*\*786).
- 22/9 Martyr Polyeuctus of Melitene in Armenia (¥255).
- 23/10 St Gregory, Bishop of Nyssa (\*\*Ca 395), younger brother of St Basil the Great.
- 24/11 St Theodosius the Great, Cenobiarch & founder of the Monastery of St Theodosius near Bethlehem (\*\*£ca 529).
  - 25/12 Virgin Martyr & Deaconess Tatiana of Rome (#3<sup>rd</sup> C).
  - 26/13 St Hilary, Bishop of Poitiers (Aca 368).
  - 27/14 APODOSIS\* OF HOLY THEOPHANY. St Nino, the Enlightener of Georgia & Equal to the Holy Apostles (\*\*\*ca 335). St Sabbas, First Archbishop of Serbia & founder of Hilandar Monastery (\*\*\*1235).

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- 28/15 TWELFTH SUNDAY OF SAINT LUKE. TEN LEPERS. Righteous Father Paul of Thebes (\$341). St John the Hut Dweller of Const. (\$\textit{Kca}\$ 450).
- 29/16 Veneration of the Holy Apostle Peter's Chains. St Priscilla of Rome, disciple of the Holy Apostle Peter.
- 30/17 Righteous & God-bearing Father Anthony the Great of Egypt (№356).
- 31/18 SS Athanasius (#373) & Cyril (#444), Patriarchs of Alexandria.
  - Note: \*That is, in Greek, the Giving-up the Feast.



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#### **FEAST DAYS**

- 1/19 SS Macarius the Great of Egypt, the Anchorite (♠ca 391), & Macarius of Alexandria (♠ca 394). St Mark, Metropolitan of Ephesus (♠1443).

  2/20 St Euthymius the Great of Palestine (♠473).
- 3/21 Virgin Martyr Agnes of Rome (\(\Psi ca 304\)). St Maximus the Confessor of Const. (\(\Psi 662\)).

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- **4/22 FOURTEENTH SUNDAY OF SAINT LUKE.** Holy Apostle of the 70 Timothy (₹97), disciple of the Apostle Paul. Righteous Martyr Anastasius of Persia (₹628). SYNAXIS OF ALL THE HOLY NEW MARTYRS OF RUSSIA BEGINNING IN THE YEAR 1917.
- 5/23 Hieromartyr Clement, Bishop of Ancyra in Galatia & St Agathangelus from Rome who were beheaded in the year 296.
- 6/24 Righteous Mother Xenia of Rome (\$\pm450\$). Blessed Xenia, the Fool for Christ's Sake of St Petersburg (\$\pmca 1800\$).
- <sup>7</sup>/<sub>25</sub> St Gregory the Theologian, Archbishop of Const. (₹391).

8/26 SS Xenophon of Const., wife Mary & sons Arcadius & John (\$\pm 6^{th}\$ C). \\
9/27 Translation of the holy relics of St John Chrysostom of Const. in year 438.

10/28 Righteous & God-bearing Fathers Ephraim (\$\pm ca 373\$) & Isaac (\$\pm 7^{th}\$ C) the

<sup>728</sup> Righteous & God-bearing Fathers Ephraim (*Aca* 373) & Isaac (*A*7<sup>th</sup> C) the Syrians.

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- 11/29 FIFTEENTH SUNDAY OF SAINT LUKE. ZACCHAEUS. Translation of the holy relics of St Ignatius the God-bearer of Antioch.
- 12/30 Great Hierarchs & Universal Teachers SS Basil the Great, Gregory the Theologian & John Chrysostom.
- 13/31 Holy & Wonderworking Unmercenaries SS Cyrus & John beheaded in Syria (№292).
- 14/1 PREFESTIVAL OF THE MEETING OF OUR LORD IN THE TEMPLE. St Trypho martyred in Nicaea (★ca 250). Righteous Mother Brigid of Kildare (★ca 525).
- 15/2 MEETING OF OUR LORD, GOD & SAVIOUR JESUS CHRIST IN THE TEMPLE
- 16/3 SYNAXIS OF THE GOD-RECEIVER SYMEON & ANNA THE PROPHETESS.
- 17/4 Our Righteous Fathers Isidore of Mount Pelusium (₹440) & Nicholas the Studite, Confessor of Const. (₹868).

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- **18/5 SEVENTEENTH SUNDAY OF SAINT MATTHEW. CANAANITE WOMAN.** Synaxis of **MΘ** Icon called "Searcher of the Lost."
- 19/6 ŚŚ John the Prophet (★ca 540) & Barsanuphius the Great (★ca 563). St Photius the Great, Patriarch of Const., Equal to the Apostles (★891).
- 20/7 St Moses, Bishop & Enlightener of the Arabs in the Syro-Arabian Desert (\*\*£ca 405). St Parthenius, Bishop of Lampsacus (\*\*4\* C).
- 21/8 Holy Prophet Zacharias (Zechariah) (Aca 520 BC). Great Martyr Theodore the Commander (Aca 320).
  - 22/9 APODOSIS\* OF THE MEETING OF OUR LORD. Hieromartyr Philagrius, Bishop of Cyprus (¥1st C). Holy Martyr Nicephorus of Antioch (\$\mathcal{E}ca\$ 260).
- 23/10 Hieromartyr Haralampus of Magnesia (¥ca 202).
  - 24/11 Synaxis of the **MO** of Corfu. Hieromartyr Blaise of Sebastia & those with him (¥316). St Theodora, Empress of Const. & restorer of icons (¥867).

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25/12 PUBLICAN AND PHARISEE SUNDAY. (Triodion period begins) St Meletius, Archbishop of Antioch the Great (¥381).

#### FAST-FREE WEEK

- 26/13 St Martinian of Palestine (\*\*\*ca 422). St Symeon the Myrrh-Streamer & fouder of the Serbian Hilandar Monastery of Mount Athos (\*\*\*ca 1199).
- 27/14 St Valentine, Priest of Rome (¥269). SS Maron (¥423) & Abraames (¥*ca* 423) of Syria. Righteous Father Auxentius of Bithynia (¥*ca* 470).
- 28/15 Holy Apostle Onesimus from Colossae (¥ca 90), disciple of the Holy Apostle Paul. Holy Martyr Major of Gaza (₹295).
- 29/16 Martyrs Pamphilius and those with him who contested in Palestine (#295)

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CIV./LIT. FEAST DAYS

1/17 Great Martyr Theodore the Tyro (\*\*ca 305). Righteous and Godbearing Father Nicholas Planas, Presbyter of Athens (\*\*ca 1932).

2/18 St Leo the Great, Pope of Rome (Aca 461).

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3/19 SUNDAY OF THE PRODIGAL SON. Apostles of the 70 Archippus, Philemon & Apphia. Righteous Martyr Philothei of Athens (\*1589).

MEATFARE WEEK (in which, last days of meat until Pascha)

- 4/20 St Bessarion the Great of Egypt (★ca 466).
- 5/21 Synaxis of **MO** Icon of Cucuzelis. Righteous Father Timothy of Symbola in Bithynia (\*\*\*\mathref{x}ca 795).
- 6/22 Finding of the Precious Relics of the Holy Martyrs in the quarter of Const. called Eugenius about the year 608.
- 7/23 Holy Hieromartyr Polycarp, Bishop of Smyrna (4ca 163).
- 8/24 Findings of the Venerable Head of the Forerunner (mid-4th C & 430).
- 9/25 SATURDAY OF SOULS. St Tarasius, Archbishop of Const. (\*806).

### ED HOUSE

10/26 SUNDAY OF MEATFARE. THE LAST JUDGMENT. (Last day to eat meat and meat products until Pascha) St Photine, the Samaritan woman, who was martyred in Rome with her two sons & five sisters under the Emperor Nero (37-68 AD). St Porphyrius, Bishop of Gaza (\*450).

CHEESEFARE WEEK (in which, last days of dairy products until Pascha)

- 11/27 St Procopius of Decapolis the Confessor (#ca 750).
- 12/28 St Basil the Confessor of Decapolis (4ca 747).
- 13/29 St John Cassian the Confessor (\*\*Lca 433) & his fellow laborer Germanus.
- 14/1 Righteous Martyr Eudocia the Samaritan of Heliopolis (\*\*ca 107).
  - 15/2 Martyr Hesychius the Senator who contested in Lower Syria (¥302).
  - 16/3 CHEESEFARE SATURDAY. COMMEMORATION OF ALL FATHERS & MOTHERS SHONE FORTH IN ASCETICISM. Holy Martyrs Eutropius, Cleonicus & Basiliscus of Cappadocia (¥308).

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17/4 SUNDAY OF CHEESEFARE. FORGIVENESS. (Last day to eat cheese and dairy products until Pascha) Commemoration of Adam & Eve's exile from Paradise.

#### 1ST WEEK OF GREAT LENT

- 18/5 CLEAN MONDAY: GREAT COMPLINE & PART I OF THE GREAT PENITENTIAL CANON OF SAINT ANDREW, ARCHBISHOP OF CRETE.
- 19/6 Great Compline & Part II of the Great Penitential Canon.
- 20/7 Great Compline & Part III of the Great Penitential Canon.
- 21/8 Great Compline & Part IV of the Great Penitential Canon.
- 22/9 SMALL COMPLINE & FIRST STASIS OF THE AKATHIST HYMN.
- **23/10 FIRST SATURDAY OF GREAT LENT:** Commemoration of the miracle of the Kollyva in Constantinople wrought by Saint Theodore the Tyro in the year 362.

#### EPHOUNTED HELD

24/11 FIRST SUNDAY OF GREAT LENT: SUNDAY OF THE TRIUMPH OF ORTHODOXY - RESTORATION OF THE HOLY AND VENERABLE ICONS IN 843.
Vespers of Orthodoxy with procession of the icons

#### 2ND WEEK OF GREAT LENT

- 25/12 St Gregory the Great, Pope of Rome (¥604). St Symeon the new Theologian, Abbot of the monastery of St Mamas in Const. who reposed in 1022.
- 26/13 Translation of the relics of St Nicephorus Patriarch of Const., in 846.
- 27/14 Synaxis of MO Feodorovskaya Icon. St Benedict of Nursia (4547).
- 28/15 Holy Apostle of the 70 Aristobulus, Bishop of Britain (♣1st C), ordained by the Holy Apostle Paul.
- 29/16 SMALL COMPLINE & SECOND STASIS OF THE AKATHIST HYMN. Martyr Sabine of Hermopolis, Egypt (\*\*\*ca\*\* 163). St Christodoulos the Wondeworker, founder of the Mon. of St John the Theologian on the Isle Patmos (\*\*\*1093).
- 30/17 St Alexis of Rome, Man of God (★ca 411). St Patrick, Enlightner of Ireland & Eq. to Apostles (★ca 461).

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🐐 31/18 SECOND SUNDAY OF GREAT LENT: SAINT GREGORY PALAMAS.

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15		<b>30</b>				

#### FEAST DAYS

1/19 Holy Martyrs Chrysanthus of Alexendria & his wife Daria (\(\Pi ca 283\)). 2/20 Righteous Frs of the Monast. of Saint Sabbas of Palestine, slain by the Saracens (\*\*ca 633). SS Cuthbert, Bishop of Lindisfarne (\*\*4687), & his Co-Struggler Herbert.

3/21 St James the Confessor, Bishop of Const. (4ca 810).

4/22 Hieromartyr Basil, Presbyter of the Church of Ancyra (\*\*ca 362). New Martyr Euthymius of the Holy Mountain (№1814).

5/23 SMALL COMPLINE & THIRD STASIS OF THE AKATHIST HYMN. Martyrs Nicon & His 199 Disciples of Sicily (*Aca* 251).

6/24 FOREFEAST OF THE ANNUNCIATION.

#### CONTROL HOLD

₹ 7/25 3RD SUNDAY OF GREAT LENT. ANNUNCIATION OF OUR MOST HOLY LADY THEOTOKOS AND MOTHER OF OUR 4%28/15 PALM SUNDAY: THE ENTRY OF OUR LORD, GOD AND SAVIOUR GOD. WORSHIP OF THE PRECIOUS & LIFE-GIVING CROSS.

4TH WEEK OF GREAT LENT

8/26 THE SYNAXIS OF THE ARCHANGEL GABRIEL.

9/27 Holy Martyr Matrona of Thessalonica (Aca 4th C).

10/28 St Hilarion the New, Abbot of the Monastery of Pelecete (₹680).

11/29 Righteous Mark, Bishop of Arethusa in Syria, Cyril the Deacon of Heliopolis in Phoenicia & Others who were martyred during the reign of Julian the Apostate in the year 361.

12/30 SMALL COMPLINE & FOURTH STASIS OF THE AKATHIST HYMN. St Eubula of Nicomedia (\*300), mother in the flesh of St Panteleimon. Righteous Father John Climacus of Sinai (№603).

13/31 Synaxis of MO Icon of the Keeper of the Portal of Iveron Monastery. Hieromartyr Hypatius, Bishop of Gangra in Paphlagonia (\*\**ca* 360).

#### TENTHONE TO HELD

14/1 FOURTH SUNDAY OF GREAT LENT: SAINT JOHN CLIMACUS (OF THE LAD-**DER).** Righteous Mother Mary of Egypt (\$\overline{\Psi}ca 522).

#### **5TH WEEK OF GREAT LENT**

15/2 Righteous Father Gregory who struggled in asceticism near the Gulf of Nicomedia (№1240).

16/3 Synaxis of MO Icon of the Unfading Rose. St Nicetas, Abbot of the Monastery of Medicium near Triglia (*\stratea* 360).

17/4 St Zosimas of Palestine who found St Mary of Egypt (#before 7th C). St Joseph of the Kiev Caves.

18/5 THE GREAT PENITENTIAL CANON OF SAINT ANDREW, ARCHBISHOP OF CRETE (Usually Included during Wednesday evening's service) Holy Martyrs Claudius, Diodore, Victor, Victorinus, Pappias, Serapion, and Nicephorus contesting in the third century either in Corinth or Egypt.

19/6 SMALL COMPLINE & FIFTH STASIS OF THE AKATHIST HYMN. St Euty-

chius, Archbishop of Const. (4582).

🐞 20/7 SATURDAY OF THE AKATHIST HYMN. Holy Martyr Calliopius of Perga in Pamphylia (₱304). Seven Holy martyred Bishops of Cherson (₱4<sup>th</sup> C).

### TO HOUSE AND HOUSE

21/8 FIFTH SUNDAY OF GREAT LENT: ST MARY OF EGYPT. Holy Apostles of the 70 Herodion, Agabus, Rufus, Phlegon, Asyncritus & Hermes (¥1st C).

#### **6TH WEEK OF GREAT LENT**

22/9 Holy Martyr Eupsychius of Caesaria in Cappadocia (¥362).

23/10 Holy Martyrs of Carthage: Terence & Pompey & those with them (\$\mathbb{Z}\_251). New Hieromartyr Gregory V, Patriarch of Const. (№1821).

24/11 Hieromartyr Antipas, Bishop of Pergamum (¥92), disciple of St John Theol.

25/12 Translation of the precious Sash & Synaxis of MΘ Icon of Murom. St Basil the Confessor, Bishop of Parium (\$\frac{1}{4}\$th C). St Akakios the New (\$\frac{1}{4}\$1730).

26/13 SMALL COMPLINE & CANON TO ST LAZARUS.

**27/14 LAZARUS SATURDAY.** 

#### HOLY WEEK

# CONTROL HOLD

JESUS CHRIST INTO JERUSALEM

29/16 HOLY & GREAT MONDAY: Patriarch Joseph the All-comely.

30/17 HOLY & GREAT TUESDAY: Commemoration of the Ten Virgins parable.

# **MAY 2024**

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#### CIV./LIT.

#### **FEAST DAYS**

- 1/18 HOLY & GREAT WEDNESDAY: Commemoration of the anointing of our Lord with myrrh by the woman who was a sinner, for this occurred shortly before the Passion of our Saviour.
- **\*\*2/19 HOLY & GREAT THURSDAY:** Commemoration of the washing of the Holy Apostles' feet by our Saviour; the Mystical Supper; the prayer in Gethsemane, & the betrayal.
  - 3/20 HOLY & GREAT FRIDAY : Commemoration of the Holy, Saving & Dread Passion of our Lord, God & Saviour Jesus Christ.
  - **4/21 HOLY & GREAT SATURDAY:** Commemoration of the Burial & Descent of our Saviour into Hades. (*Strict Fast*)

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5/22 MHOLY PASCHAM THE JOYOUS RESURRECTION OF OUR LORD, GOD AND SAVIOUR JESUS CHRIST

(Pentecostarion period Begins) FAST-FREE MAY 22 - 29

#### RENEWAL (BRIGHT) WEEK

- **6/23 BRIGHT MON:** In celebration of our Saviour's Joyous Resurrection. Great Martyr George the Trophy-bearer, beheaded in Nicomedia (\$\pm\$296).
- 7/24 BRIGHT TUES: In celebration of our Saviour's Joyous Resurrection. Martyrs Raphael, Nicholas, & Virgin Irene of Lesbos, & those with them.
- 8/25 Bright Wed: In celebration of our Saviour's Joyous Resurrection.
- 9/26 BRIGHT THURS: In celebration of our Saviour's Joyous Resurrection.
- 10/27 BRIGHT FRI: In celebration of our Saviour's Joyous Resurrection. Celebration of the Lifegiving Spring of our Most Holy Lady Theotokos.
- 11/28 BRIGHT SAT: In celebration of our Saviour's Joyous Resurrection.

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- 12/29 SECOND SUNDAY OF PASCHA: SAINT THOMAS SUNDAY, ALSO CALLED ANTIPASCHA. THE SYNAXIS OF THE HOLY APOSTLE THOMAS.
- 13/30 Holy Apostle James (№1st C), brother in the flesh of Apostle John Theologian.
- 14/1 Prophet Jeremias (\*\*100 Georgia (\*\*100 BC)). Synaxis of the Three New Martyrs of Mt Athos: Euthymius, Ignatius & Acacius. St Tamara, Queen of Georgia (\*\*1213).
- 15/2 Translation holy relics of St Athanasius the Great, Archbishop of Alexandria.
  16/3 St Theodosius, Abbot of the Kiev Caves Larva (₹1074).
- 17/4 Holy Martyr Pelagia of Tarsus in Cilicia (¥288).
  - 18/5 Glorious Great Martyr Irene who reposed in Ephesus (#4th C).

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- 19/6 THIRD SUNDAY OF PASCHA: SUNDAY OF THE MYRRH-BEARING WO-MEN. MO; Mary Magdalene; Martha & Mary, sisters of Righteous Lazarus; Mary, wife of Cleopas; Joanna, wife of Chouza; Salome, mother of the sons of Zebedee, & Susanna. With them SS Joseph of Arimathea, Nicodemus.
- 20/7 COMMEMORATION OF THE SIGN OF THE CROSS that appeared for many hours over Jerusalem on Pentecost in the year 351.
- 21/8 **MO** Icon of Cassiopeia whose ineffable miracle of new eyes given to the unjustly-blinded Stephen in the year 1530 we celebrate. Glorious Apostle & Evangelist John the Theologian, commemoration of the annual miracle that took place at his tomb in Ephesus. St Arsenius the Great of Scete (¥449).
- 22/9 Prophet Esaias (Isaiah) (¥ca 681 BC). Martrys Christopher, Aquilina & Callinica of Lycea (₹ca 250). Translation of the relics of St Nicholas from Myra to Barre.
- 23/10 Holy Apostle Simon the Canaanite (Zealot) (\*\*1\*\* C).
- 24/11 SS Cyril (№869) & Methodius (№885), Apostles to the Slavic lands. 25/12 St Epiphanius, Bishop of Constantia in Cyprus (№ca 403).

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- **26/13 FOURTH SUNDAY OF PASCHA: SUNDAY OF THE PARALYTIC.** Martyr Glyceria of Trajanopolis in Thrace (\*141). Righteous Father Euthymius the New, Founder of the Iveron Monastery (\*1028).
- 27/14 Holy Great Martyr Isidore of Chios (\*251).
- 28/15 Righteous Father Pachomius the Great of Egypt (#346).

#### % 29/16 MID-PENTECOST

- 30/17 Apostles Andronicus & Junia, in a Roman prison with Apostle Paul (№1st C).
- 31/18 Martyrs Peter of Lampsacus, Dionysius, Christina, Andrew, Paul, Benedimus, Paulinus & Heraclius of Athens (\*\*\*£ca\*\*250).

**JUNE 2024** WED Mon TUE FRI SUN SAT 19 26 30 16 11

CIV./LIT. FEAST DAYS

1/19 Hieromartyr Patrick, Bishop of Prusa, & his fellow martyred Priests Acacius, Menander & Polyaenus, who were beheaded most likely during the reign of Diocletian (284-305).

#### はる米のとそのかればな

- 2/20 FIFTH SUNDAY OF PASCHA: SUNDAY OF THE SAMARITAN WOMAN. Martyr Thalleleus of Phoenecia & those with him (\*284).
  - 3/21 Holy, glorious, God-crowned & great Sovereigns of Const. Constantine (₹337) & his mother Helen (₹327), Equals to the Apostles.
- 4/22 Holy 150 Fathers of the Second Ecumenical Council in 381.
- <sup>™</sup> 5/23 APODOSIS OF MID-PENTECOST
  - 6/24 St Vincent of Lerins (\$\pm445\$). St Symeon the "new Stylite" of the Wondrous Mountain (\$\pm595\$).
  - 7/25 Commemoration of the third finding of the Venerable Head of the Glorious Prophet, Forerunner & Baptist John.

8/26 Holy & glorious Apostle of the 70 Carpus, Bishop of Beroea in Thrace.

### はる米のとまるの子です

9/27 SIXTH SUNDAY OF PASCHA: SUNDAY OF THE BLIND MAN. St John the Russian of Prokopion, the New Confessor (\*1730).

10/28 Holy Martyr Heliconis of Thessalonica (\*\*\*ca 244). St Andrew of Const., the Fool for Christ's Sake (\*\*\*10<sup>th</sup> C).

11/29 Holy Apostles of the 70 Jason & Sosipater who were the first to preach the Gospel on the island of Corfu (¥1st C).

12/30 APODOSIS OF HOLY PASCHA (In some usages, a fast-free day is permitted)
13/31 ASCENSION OF OUR LORD, GOD & SAVIOUR JESUS CHRIST

14/1 Martyr Justin the Philosopher & those beheaded with him in Rome (¥167).

15/2 Righteous Hieromartyr Erasmus of Ochrid, & the 20,000 Martyrs who believed in Christ through him (\*\*\textit{\alpha}a 303). St Nicephorus the Confessor, Archbishop of Const. (\*\*\textit{\alpha}828).

### はる米のかんの米のかん

16/3 SEVENTH SUNDAY OF PASCHA: SUNDAY OF THE 318 HOLY FATHERS OF THE FIRST ECUMENICAL COUNCIL AT NICEA IN THE YEAR 325. Synaxis of the MΘ Youg Icon. Martyrs Lucillian of Nicomedia, the four children with him & Paula the Virgin (¥270).

17/4 SS Mary & Martha of Bethany, sisters in the flesh of St Lazarus, the friend of Christ. St Metrophanes, first Archbishop of Const. (¥325).

18/5 Hieromartyr Dorotheus, Bishop of Tyre in Phoenicia (№361). Hieromartyr Boniface, Archbishop of Mainz & Enlightener of Germany (№754).

19/6 St Hilarion the New, Abbot of Dalmatus Monastery in Const. (\*\*ca 845).

20/7 Martyr Theodotus of Ancrya (\(\textit{\textit{\$\textit{\$\textit{\$\textit{\$\textit{\$\textit{\$20}\$}}\)}}\).

21/8 APODOSIS OF THE ASCENSION. Translation of the holy relics of the Great Martyr Theodore the Commander. St Melania the Elder, Jrslm (★ca 410).

22/9 SATURDAY OF SOULS. St Cyril, Archbishop of Alexandria (\*4444).

## でも来るられるられてす

#### 23/10 HOLY PENTECOST Kneeling Vespers

#### FAST-FREE WEEK

24/11 MONDAY OF THE HOLY SPIRIT

25/12 St Triphyllius, Bishop of Leucosia in Cyprus (\*\*\(\mathcal{E}\)cap (370). SS Onuphrius the Great of Egypt (\*\*\(\mathcal{E}\)400) & Peter of Mt Athos (\*\*\(\mathcal{E}\)9<sup>th</sup> C).

26/13 Virgin Martyr Aquilina of Byblos in Syria (\$\pm289).

27/14 Holy Prophet Elisseus (Elisha, \*\*ca 839 BC). St Methodius the Confessor, Archbishop of Const. (\*\*846). St Niphon of Mount Athos (\*\*1330).

28/15 Holy Prophet Amos of Palestine (\*\*Ca\* 8th C BC).

29/16 APODOSIS OF PENTECOST. St Tikhon, Bishop of Amathus in Cyprus (\*\*£ca\* 425). Righteous Elder Moses of the Optina Monastery (\*\*£1862).

#### では来るられるかよんな

30/17 FIRST SUNDAY OF SAINT MATTHEW. SUNDAY OF ALL SAINTS. (Pente-costarion period Ends) St Hypatius of Rufinianae (\*\*\(\sigma ca \) 450). St Botolph (Patron St of Boston), Abbot of the Monastery of Ikanhoe in Britain (\*\*\(\sigma 680\))

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<b>28</b>	<b>29</b> 16	<b>30</b>	31 18			

## FEAST DAYS

#### APOSTLES FAST BEGINS

- 1/18 Synaxis of **MO** Icon of Bogoliubovo. Martyrs Leontius of Greece, Hypatius & Theodulus, slain in Tripolis of Phoenicia (\*73).
- 2/19 Holy Apostle Jude (\*\*£ca 80). St John (Maximovitch), Archbishop of Shanghai & San Francisco the Wonderworker who (\*\*\*1966).
  - 3/20 Synaxis of **MO** Directress Icon. Hieromartyr Methodius of Patara, Bishop of Olympus (¥312).
- 4/21 Martyr Julian of Tarsus (¥305). New Martyr Nicetas (Neketas) of Nisyros beheaded by the Turks at Chios (¥1732).
  - 5/22 St Alban, first Martyr of Britain (\*\*\(\alpha ca 287\)). Hieromartyr Eusebius, Bishop of Samosata (\*\*\(\alpha ca 380\)).
- 6/23 Synaxis of MΘ Icon of Vladimir.

#### でも米ので米のかよです

7/24 SECOND SUN. ST MATT. HOLY FRS MT ATHOS & ALL RUSSIA.
NATIVITY OF THE VENERABLE & GLORIOUS PROPHET, FORERUNNER &
BAPTIST JOHN. SYNAXIS OF THE RIGHTEOUS ZACHARIAS & ELIZABETH.

- 8/25 Virgin Martyr Febronia of Nisibis (\*\*£ca 302). The holy married couple \*\*E\*\*
  Peter & Febronia of Murom the Wonderworkers, who, in taking up the monasic life, were renamed David & Euphrosyne (\*\*1228).
- ∮% 9/26 St David of Thessalonica (♣6<sup>th</sup> C).
  - 10/27 St Samson the Hospitable of Const. (\(\pi\cap ca \) 530).
- 11/28 Translation of the holy relics of the Wonderworking Holy Unmercenaries Cyrus & John in the year 414. Synaxis of MO Icon called "Of Three Hands."
- 12/29 HOLY, GLORIOUS, & ALL-LAUDED CHIEFS OF THE APOSTLES, PETER & PAUL. 13/30 SYNAXIS OF THE HOLY, GLORIOUS, & ALL-LAUDED TWELVE APOSTLES.

### ではそのそのかまです

- 14/1 THIRD SUN. ST MATT. NEW MARTRYS OF THE TURKISH YOKE. Wonderworking Holy Unmercenaries Cosmas & Damian of Rome (★284).
- 15/2 Deposition of the Precious Raiment of MO in her holy shrine at Blachernae. Hieromartyr Juvenal, Enlightener of America, slain in Alaska (№1796).
- 16/3 Martyr Hyacinth the Chamberlain of Caesarea in Cappadocia (№108).
- 17/4 Royal Martyrs of Russia: Tsar Nicholas II, Tsaritsa Alexandra, Crown Prince Alexis, the Grand Duchesses Olga, Tatiana, Maria, Anastasia, & their faithful servants martyred with them by the godless Communists in 1918.
- 18/5 St Athanasius, Founder of the Great Lavra of Athos (¥1003). The Grand Duchess Elizabeth, Novice Barbara & those martyred with them in 1918.
- 19/6 St Sisoës the Great of Egypt (Aca 429).
- 20/7 Great Virgin Martyr Kyriake of Nicomedia (¥300).

### でもそのかのかん

- **21/8 FOURTH SUNDAY OF SAINT MATTHEW.** Finding of the Icon of M♥ of Kazan in 1579. Great Martyr Procopius & those with him who were beheaded in Caesarea in Palestine (♠ca 290).
- 22/9 Hieromartyr Pancratius, Bishop of Tauromenium (A1st C).
- 23/10 Deposition of the Precious Robe of our Lord Jesus Christ in Moscow 1625.
- 24/11 Great Martyr Euphemia's miracle confirming the definition of Faith at the Fourth Ecumenical Council at Chalcedon in the year 451. St Olga, Princess of Kiev & Equal to the Holy Apostles (¥969).
- 25/12 St Veronika, the woman with an issue of blood, healed by Christ (₹1st C).
- 26/13 THE SYNAXIS OF THE ARCHANGEL GABRIEL.
- 27/14 Holy Apostle of the 70 Aquila from Asia Minor. St Joseph the Confessor, Archbishop of Thessalonica (¥833). St Nicodemus of Mt Athos (¥1809).

#### はら来のかのかんの

- 28/15 SUNDAY OF THE HOLY FATHERS WHO ASSEMBLED IN THE SEVEN ECUMENICAL COUNCILS FROM 325-787. Martyrs Cyricus & his mother in the flesh Julitta, who were slain in Tarsus of Cilicia (\$\pm\$296). St Vladimir, Great Prince of Kiev, Equal to the Holy Apostles (\$\pm\$1015). St Donald of Scotland, founder of the Convent of Nine Maidens (\$\pm\$8th C).
- 29/16 Hieromartyr Athenogenes, Bishop of Pidachthoa in Cappadocia. He & his ten disciples were beheaded during the reign of Diocletian (284-304).
- 30/17 Great Virgin Martyr Marina of Antioch in Pisidia (№270).
- 31/18 Martyr Emilian of Dorostolum in Thrace (\(\Pi\_363\)).

## **AUGUST 2024** SUN MON TUE WED

SAT

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#### **FEAST DAYS** CIV./LIT.

- 1/19 Translation of the holy relics of St Seraphim of Sarov in 1903. St Macrina of Pontus (4379), sister in the flesh of St Basil the Great.
- 1/20 Glorious Holy Prophet Elias (Elijah) the Thesbite, whose fiery ascent as it were into the Heavens in 895 BC we celebrate.
  - 3/21 Synaxis of MO Icon of Armatius. SS John & Symeon were strugglers in the Judean wilderness (4570). St Symeon reposed in Emesa of Syria, Fool for Christ's Sake.

#### CONTRACT HOLD HOLD

- Myrrh-bearer & Equal to the Holy Apostles.
- 5/23 Synaxis of MO Icons of Pochaev & "Joy of All That Sorrow." Holy Prophet Ezekiel (#ca 566 BC).
- 6/24 Great Virgin Martyr Christina of Tyre (\$200).
- 7/25 Dormition of Saint Anna, the Mother of the MO.
- 8/26 Righteous Martyr Paraskeve of Rome (№140).

% 9/27 Holy & glorious Great Martyr & Healer Panteleimon of Nicomedia (\*305). \*\* 10/28 Righteous Mother Irene of Cappadocia, Abbess of the Chrysovalantou Convent (♣9<sup>th</sup> C).

### EN HOUSE

- 11/29 SEVENTH SUNDAY OF SAINT MATT. Martyr Callinicus of Cilicia (&ca 250).
- 12/30 Holy Apostles of the 70 Silas, Silvan, Crescens, Epenetus & Andronicus (#1st C). St Angelina, Sovereign Lady of Serbia (¥16th C).
- 13/31 FOREFEAST OF THE PROCESSION OF THE PRECIOUS & LIFE-GIVING CROSS. St Joseph of Arimathea (\*1st C).

#### THE THEOTOKOS FAST BEGINS

- 14/1 PROCESSION OF THE PRECIOUS & LIFE-GIVING CROSS FROM THE ROYAL PALACE INTO CONSTANTINOPLE. Seven Maccabee Children & those with them (¥168 BC).
- 15/2 Translation of the holy relics of the Proto-martyr & Archdeacon Stephen about the year 427.
- 16/3 SS Isaacius (#4<sup>th</sup> C), Dalmatus & his son Faustus (#5<sup>th</sup> C) of Const.
- 17/4 Seven Sleepers of Ephesus who fell asleep in the year 250 & arose in 434 only to fall asleep again later the same year.

### CONTROL HOLD

- 🀞 18/5 EIGHTH SUNDAY OF SAINT MATTHEW. FOREFEAST OF THE HOLY TRANSFIGU-RATION OF OUR SAVIOUR. Martyr Eusignius of Antioch (¥361). Righteous Father John the Romanian of Hozeva (¥1960).
- 19/6 HOLY TRANSFIGURATION OF OUR LORD, GOD & SAVIOUR **JESUS CHRIST** 
  - 20/7 Righteous Martyr Dometius the Persian & his two disciples (#363).
  - 21/8 Emilian the Confessor, Bishop of Cyzicus (\*\*\*ca 815).
  - 22/9 Holy Apostle Matthias (¥63). Martyrs Julian & his fellow confessors who contested with him at the Bronze Gate in Constantinople (Aca 726).
  - 23/10 Martyrs Laurence, Archdeacon of Rome with Sixtus, Pope of Rome; Hippolytus; Felicissimus; Agapetus & those with them (\$\pm258\$).
  - 24/11 Great Martyr Euplus the Deacon of Catania in Sicily (\(\)304).

#### ENSKOD HOS

- **25/12 NINTH SUNDAY OF SAINT MATTHEW.** Martyrs Anicetus & his nephew Photius of Nicomedia (4ca 288).
  - $_{26/13}$  apodosis of the feast of the holy transfiguration. Synaxis of  ${
    m M}\Theta$ Icon "Of the Passion." St Tikhon of Zadonsk, Bishop of Voronezh (№1783).
  - 27/14 FOREFEAST OF THE DORMITION OF THE MO. THE HONOURED & LIFE-GIVING CROSS, WHOSE PROCESSION BACK TO THE ROYAL PALACE WE COMMEMORATE.
- 4/22 SIXTH SUNDAY OF SAINT MATTHEW. St Mary Magdalene, 4/22 SIXTH SUNDAY OF SAINT MATTHEW. St Mary Magdalene, RIOUS LADY, THEOTOKOS & EVER-VIRGIN MARY
  - 29/16 Synaxis of MO Icon Feodorovskaya. Translation of the Holy Icon "Not Made By Hands" of Our Lord Jesus Christ to Const. in 944.
  - 30/17 Hieromartyr Myron the Presbyter who was beheaded in Cyzicus (\*\*\*ca 250).
  - 31/18 SS Florus & Laurus, the twin brothers who were martyred in the city of Ulpiana in Illyricum (\P2<sup>nd</sup> C).

# SEPTEMBER 2024

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Civ./Lit.

17

16

FEAST DAYS

#### はる米のかんの米のかん

- 1/19 TENTH SUNDAY OF SAINT MATTHEW. Synaxis of MO Donskaya Icon. Great Martyr Andrew the Commander & the 2,593 others who contested with him in Cilicia (★ca 289).
- 2/20 Holy & Glorious Prophet Samuel (¥11<sup>th</sup> C BC). Martyr Photini, outside the gate of Blachernae (¥before 11<sup>th</sup> C).
- 3/21 Holy Apostle of the 70 Thaddeus from Edessa (¥1st C).
- 4/22 Synaxis of M<sup>®</sup> Icon of Prusa. Martyr Agathonicus of Nicomedia & his companions (¥298).
- 5/23 APODOSIS OF THE DORMITION OF OUR MOST HOLY LADY THEOTOKOS. Hieromartyr Irenaeus, Bishop of Lyons (\*\*\*ca\* 202).
- 6/24 Synaxis of Mo Icons of Holy Sion & Petrovskaya. New Hieromartyr Cosmas of Aetolia, Equal to the Holy Apostles (№1776).
- 7/25 Translation of the holy relics of Apostle Bartholomew in the 6<sup>th</sup> Century. Apostle of the 70 Titus, first Bishop of Gortynia, Crete.

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- 8/26 ELEVENTH SUNDAY OF SAINT MATTHEW. Synaxis of M<sup>™</sup> Icon of Vlade mir. Martyrs Adrian of Nicomedia, wife Natalie & those with them (\*298).
- 9/27 St Pimen (Poëman) the Great, Anchorite of Egypt (\*\*\*ca 450). The Great Martyr Phanurius the Newly Revealed of Rhodes, discovered in year 1500.
- 10/28 Synaxis of the Fathers laid to rest in the Far Kiev Caves. St Moses the Ethiopian (\$\pm407\$). St Job of Pochäev, Abbot of Dormition Monastry (\$\pm1651\$).
- 11/29 BEHEADING OF THE HOLY & VENERABLE PROPHET, FORERUNNER & BAPTIST JOHN.
- 12/30 Synaxis of all the Holy Serbian Hierarchs. Synaxis of all Holy New Martyrs of Serbia, slain by the Latins during World War II.
- 13/31 Deposition of the Precious Raiment of **MO** at Chalcoprateia in Const. St Aristides the Philosopher (\*2<sup>nd</sup> C). Hieromartyr Cyprian of Carthage (\*258). St Aidan, Bishop of Lindisfarne & Enlightener of Northumbria (\*651).
  - 14/1 THE NEW INDICTION. (The beginning of a new Ecclesiastical Year) Synaxis of MO Icon of Miasenae. St Symeon the Stylite near Antioch in Syria (\$\pi 459)\$.

## では来のかんの子です

- **15/2 TWELFTH SUNDAY OF SAINT MATTHEW.** Synaxis of M**O** Icon of Kaluga. Martyr Mamas of Cappadocia (₹275).
- 16/3 Hieromartyr Anthimus, Bishop of Nicomedia (Aca 303).
- 17/4 Synaxis of MO Icon of the Burning Bush. Holy Prophet Moses the Seer of God (♠ca 1451 BC) & his brother in the flesh Aaron the Priest (♠ca 1477 BC).
- 18/5 Holy Prophet Zacharias, father of the Venerable Forerunner.
- 19/6 Archangel Michael's Miracle in Colossae (Chonae) of Phrygia.
- 20/7 FOREFEAST OF THE NATIVITY OF OUR MOST HOLY LADY THEOTOKOS
- 21/8 NATIVITY OF OUR MOST HOLY LADY THEOTOKOS

## でも来のできるかればな

- 22/9 SUNDAY BEFORE THE EXALTATION OF THE PRECIOUS AND LIFE GIVING CROSS. SYNAXIS OF SS JOACHIM & ANNA. Holy 200 Fathers of the Third Ecumenical Council in the year 431 in Ephesus which deposed the impious Nestorius.
- 23/10 Virgin Martyrs & sisters in the flesh Menodora, Metrodora, & Nymphodora of Bithynia (\$304). St Pulcheria the Queen of Const. (\$453).
- 24/11 Martyrs Ia & 9,000 slain with her in Persia (\$\pi\_363\$). SS Theodora (\$\pi\_ca\_490\$) & Euphrosynus the Cook (\$\pi\_ca\_9\$<sup>th</sup> C) of Alexandria.
- 25/12 APODOSIS OF THE NATIVITY OF OUR MOST HOLY LADY THEOTOKOS.
- 26/13 PREFESTIVAL OF THE PRECIOUS CROSS. Hieromartyr Cornelius the Centurion of Palestine (¥1st C). Royal Great Martyr Ketevan, Queen of Georgia (¥1624).

#### 27/14 EXALTATION OF THE PRECIOUS AND LIFE GIVING CROSS

28/15 Great Martyr Nicetas the Goth & those with him (\*\*ca 370). St Symeon, Archbishop of Thessalonica (\*\*1430).

#### でも来るられるです

- 29/16 SUNDAY AFTER THE EXALTATION OF THE PRECIOUS AND LIFE GIVING CROSS. Great Martyr & All-Famed Euphemia of Chalcedon (\*\*£ca 303). St Ninian, Equal to the Holy Apostles & Enlightener of Scotland (\*\*432).
- 30/17 Virgin Martyrs Pistis (Faith), Elpis (Hope), Agape (Love), & their Mother Sophia (Wisdom) of Italy (Aca 126). Martyr Theodota of Pontus (A3rd C).

## **OCTOBER 2024**

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<b>20</b> 7	<b>21</b> 8	<b>22</b> 9	<b>23</b>	<b>24</b>	25 12	<b>26</b>
<b>27</b>	<b>28</b>	<b>29</b> <sub>16</sub>	<b>30</b>	18		

#### CIV./LIT.

#### **FEAST DAYS**

- 1/18 St Apfi, Hermit & Bishop of Oxyrynchus in Egypt (45<sup>th</sup> C).
- 2/19 SS Trophimus, Sabbatius, & Dorymedon who were martyred in Antioch (₹278).
- 3/20 SS Eustathius, his wife Theopiste & their sons Agapius & Theopistus who were martyred in Rome (\*\*ca 126).
- 4/21 APODOSIS OF THE EXALTATION OF THE PRECIOUS & LIFE-GIVING CROSS. Holy Prophet Jonas (\*8<sup>th</sup> C BC)
- 5/22 Hieromartyr Phocas, Bishop & Wonderworker of Sinope (№102). Synaxis of the Fathers laid to rest in near Kiev Caves.

#### はる米のとまるかればら

- **6/23 FIRST SUNDAY OF SAINT LUKE.** CONCEPTION OF THE HOLY FORERUNNER & PROPHET JOHN THE BAPTIST.
- 7/24 Synaxis of **MO** Icon called "The Myrtle Tree." St Thecla of Iconium, First Woman Martyr & Equal to the Holy Apostles (\*\*\textit{Aca} 106).

- 8/25 SS Euphrosyne & her father in the flesh Paphnutius of Egypt (₱5<sup>th</sup> C). St Ser gius, Abbot & Wonderworker of Radonezh (₱1392).
- % 9/26 Translation of the Holy Apostle & Evangelist John the Theologian (¥100).
  - 10/27 Holy Martyr Callistratus & Forty-Nine other Martyrs beheaded with him in Rome (₹288).
  - 11/28 Holy Prophet Baruch (\$\pi6^{th} \cap BC). St Chariton the Confessor of Palestine (\$\pi4^{th} \cap C). Martyr Wenceslaus, Prince of Bohemia (\$\pi929).
  - 12/29 Righteous Father Cyriacus the Anchorite of Palestine (4555).

#### でも来るら来るかよんな

- 13/30 SECOND SUNDAY OF SAINT LUKE. Hieromartyr Gregory the Illuminator, Bishop of Greater Armenia (\*\*\*ca 325\*\*).
- 14/1 PROTECTION OF OUR MOST HOLY LADY THEOTOKOS. Synaxis of M⊕ Icon called "Quick to Hear." Holy Apostle of the 70 Ananias, who baptized the Holy Apostle Paul. St Romanus the Melodist, Church Composer (★ca 556).
- 15/2 Bishop Cyprian, the former sorcerer, & Virgin Justina both martyred in Nicomedia (№ca 304).
- 16/3 Hieromartyr Dionysius the Areopagite (№ca 96). St Ieronymos of Aegina (№1966).
- 17/4 Saint Hierotheus, Bishop of Athens (¥1st C), a disciple of the Apostle Paul.
- 18/5 Synaxis of the Hierarchs of Moscow: Peter, Alexis, Jonas, Philip, Hermogenes, & Tikhon. Martyr Charitina of Amisus (¥290).
- 19/6 Synaxis of MO Icon called "O All-hymned Mother." Holy Apostle Thomas.

### では来のかまのかまです

- **20/7 THIRD SUNDAY OF SAINT LUKE.** SS Julian the Presbyter, Caesarius the Deacon & those with them martyred in Campania (\*1st C). SS Sergius & Bacchus martyred in Syria (\*4ca 296).
- 21/8 Martyr Pelagia of Antioch (\*3<sup>rd</sup> C). St Thaïs of Egypt, the former harlot (\*4<sup>th</sup> C). St Pelagia, the former courtesan of Antioch (\*5<sup>th</sup> C).
- 22/9 Holy Apostle James, the son of Alphaeus.
- 23/10 Synaxis of the Righteous & God-bearing Fathers of Optina Monastery.
- 24/11 Holy Apostle of the 70 Philip from Palestine, one of the seven Deacons.
- 25/12 St Symeon the new Theologian of Const. (№1022).
- 26/13 Synaxis of MO Icon called "Keeper of the Portal (Portaitissa)."

#### でも来のかれのかればら

- 27/14 FOURTH SUNDAY OF SAINT LUKE. THE 350 HOLY FATHERS OF THE SEVENTH ECUMENICAL COUNCIL AT NICAEA IN THE YEAR 787. Martyrs Nazarius, Celsus, Gervasius & Protasius who contested in Milan (\*1st c). St Cosmas the Hymnographer, bishop of Maïuma (\*8th c).
- 28/15 Hieromartyr Lucian, Presbyter of Antioch the Great who contested in Nicomedia (\*\*\*ca 311).
- 29/16 Martyrs Longinus the Centurion & his fellow Roman soldiers Isaurus & Aphrodisius (\*1st C).
- 30/17 Synaxis of the Twenty Holy & wonderworking Unmercenary Saints. Martyr Sushanik, Queen of Georgia (\*475).
- 31/18 Holy Apostle & Evangelist Luke. St Gwen of Cornwall (#ca 5th C).



# NOVEMBER 2024

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**FEAST DAYS** CIV./LIT.

- 1/19 Holy Prophet Joel (¥9th C BC). St John the Wonderworker of Kronstadt (₹1908).
- 2/20 Great Martyr Artemius, Governor of Alexandria & later Patrician who was beheaded by Julian the Apostate (¥361).

### での米のかまです

- 3/21 SIXTH SUNDAY OF SAINT LUKE. The holy relics of St Christodoulos of Patmos. St Hilarion the Great of Palestine (¥372).
- 4/22 Synaxis of MO Icon of Kazan. St Abercius the Wonderworker, Bishop of Hieropolis & Equal to the Holy Apostles (\*\*\text{\$\text{\$\text{\$\gentilength}}} at 167).
- 5/23 Holy Apostle James, the Brother of God & First Bishop of Jerusalem (#ca. 62).
- 6/24 Synaxis of **MO** Icon called "Joy of All that Sorrow." Great Martyr Al-Harith (Arethas) & his fellow Martyrs in Najran (₹524).
- 7/25 St Tabitha of Joppa whom St Peter raised from the dead ( $\mathfrak{A}1^{\text{st}}$  C).
- 8/26 Holy & glorious Great Martyr Demetrius, the Wonderworker & Myrrh-streamer of Thessalonica (#290).

9/27 St Prokla, wife of Pontius Pilate. Martyr Nestor of Thessalonica (#290).

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- 10/28 SEVENTH SUNDAY OF SAINT LUKE. Commemoration of the revealing of the holy incorrupt relics of our Blessed St Philaret, Metropolitan of New York, the New Confessor in 1998.
- 11/29 Martyr Anastasia of Rome (#256).
- 12/30 Martyrs Zenobius, Bishop of Aegea in Cilicia, & his sister in the flesh Zeno-
- 13/31 Holy Apostles of the 70 Stachys, Apelles, Amplias, Urban, Narcissus & Aristobulus. Holy 100,000 Martyrs of Tbilisi, Georgia (¥1227).
- 14/1 Holy Wonderworking Unmercenaries & brothers in the flesh Cosmas & Damian of Asia Minor & their Righteous Mother Theodota (¥3<sup>rd</sup> C).
- 15/2 Martyrs Acindynus, Pegasius, Aphthonius, Elpidephorus, & Anempodistus of Persia (Aca 330).
- 16/3 The desposition of the body of the Great Martyr George in Lydda of Palestine during the reign of Saint Constantine the Great.

#### CONTROL HOLD

- 17/4 FIFTH SUN. OF ST LUKE. St Joannicius the Great of Mt Olympus (#834). Martyrs Galaction & his bride Episteme born & raised in Emesa (Aca 250).
- 18/5 St Gregory the Confessor, Archbishop of Alexandria (Aca 820).
- 19/6 St Paul the Confessor, Archbishop of Const. (¥350).
- 20/7 Thirty-three Martyrs of Melitene in Armenia (\$290). St Lazarus, the Wonderworker & Stylite of Mt Galesion (\$1053).
- 21/8 SYNAXIS OF THE HOLY ARCHANGELS MICHAEL, GABRIEL, RAPHAEL & OURIEL, & THE NINE RANKS OF THE BODILESS HOSTS.
- 22/9 Martyrs Onesiphorus & Porphyrius whose relics are buried at Pentapolis in Egypt (Aca 290). St Nectarius, the Wonderworker of Aegina & Metropolitan of Pentapolis in Egypt (¥1920).
- 23/10 Holy Apostles of the 70: Olympas, Rodion, Sosipater, Quartus, Tertius & Erastus.

#### EN HOUSE

- 24/11 EIGHTH SUN. OF ST LUKE. Great Mrtyr Menas of Egypt (₹296). St Vincent of Spain (¥304). St Theodore the Studite, Confessor of Const. (¥826).
- 25/12 St Martin the Wonderworker, Bishop of Tours in Gaul (¥397). St John the Almsgiver, Archbishop of Alexandria (4619). St Nilus, the Myrrh-streamer of Mount Athos (¥1651).
- 26/13 St John Chrysostom, Archbishop of Const. (\$\pm407\$). Blessed Irene Myrtidiotissa of Oinousses (¥1960).
- ₱₱ 27/14 Holy & Glorious Apostle Philip. St Gregory Palamas the Wonderworker, Archbishop of Thessalonica (№1360).

#### **BEGINNING OF THE NATIVITY FAST**

- № 28/15 Martyrs & Confessors of Edessa in Syria: Guria & Shamuna (¥288) & Habib (#316). St Païsius Velichkovsky who reposed in Moldo-Walachia (#1794).
- 29/16 Holy & Glorious Apostle & Evangelist Matthew.
- \$\\\^30\/17\] St Gregory Wonderworker, Bish. of Neocaesarea (₹266). St Hilda of Whitby (₹680)

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16 Civ./Li1	17	<b>18</b> F	EAST DA	YS		

#### EPHOUNGS HES

1/18 NINTH SUNDAY OF SAINT LUKE. Martyrs Plato of Ancyra (¥266) & Romanus of Antioch (¥305).

2/19 Holy Prophet Abdias (Obadiah) (\*49th C BC).

3/20 FOREFEAST OF THE MO ENTRY INTO THE TEMPLE.

4/21 ENTRY OF OUR MOST HOLY LADY THEOTOKOS INTO THE TEMPLE

5/22 Holy Apostles of the 70: Philemon & his wife Apphia, Archippus, & Onesimus—all from Phrygia.

6/23 St Amphilochius, Bishop of Iconium (\*\*\*ca 395). St Aleksandr Nevsky, Grand Prince of Vladimir, Russia (\*\*\*1263).

7/24 Hieromartyrs Clement, Bishop of Rome (№a 100) & Peter, Bishop of Alexandria (№312).

#### E TO HOUSE OF THE PORT OF THE

8/25 THIRTEENTH SUNDAY OF SAINT LUKE. APODOSIS OF THE MO ENTRY. Great Martyr Catherine of Alexandria (\*305).

9/26 St Alypius the Stylite in Adrianople of Bithynia (\$\pi 607). St Innocent, the Wonderworker & First Bishop of Irkutsk (\$\pi 1731).

10/27 Synaxis of MO Kursk-Root Icon "of the Sign." Great Martyr James the Persian (¥421). Righteous Father Gregory of Sinai (¥1346).

11/28 Righteous Martyr Stephen the New of Const. (\$\pi\_{767}\$) & the others who suffered martyrdom for the sake of the holy icons.

12/29 Martyr Paramonus of Bithynia & the 370 who contested with him (№250).

13/30 Holy, Glorious & All-lauded Apostle Andrew, the First Called (¥62).

14/1 Holy Prophet Nahum (♠7<sup>th</sup> C BC). Righteous Father Philaret the Merciful, Almsgiver from Amneia (♠792).

#### CONCUPACION CON

15/2 SIXTEENTH SUNDAY OF SAINT MATTHEW. Holy Prophet Abbacum (Habakkuk) (\$\pi\$7th C BC). Martyr Myrope of Chios (\$\pi\$ca 250).

16/3 Holy Prophet (Zephaniah) Sophonias (♠7<sup>th</sup> C BC).

17/4 Great Martyr Barbara & her fellow Martyr Juliana in Heliopolis (\$290). St John of Damascus, Monk & Presbyter of Mar Sabbas Monastery (\$760).

18/5 Righteous & God-bearing Mar Sabbas the Sanctified of Palestine (¥533). St Guria, First Archbishop of Kazan (¥1563).

19/6 St Nicholas the Wonderworker, Archbishop of Myra in Lycia (#330).

20/7 St Ambrose, Bishop of Milan (4397).

21/8 Holy Apostles of the 70: Crispus, Sosthenes, Apollo, Cephas, Tychicus, Epaphroditus, Caesar, & Onesiphorus.

#### EPHODHOD HOLD

**TENTH SUNDAY OF SAINT LUKE. RIGHTEOUS ANNA'S CONCEPTION OF OUR MOST HOLY LADY THEOTOKOS.** Synaxis of MΘ Icon called "Unexpected Joy."

23/10 Martyrs Menas, the Most Eloquent, Eugraphus, & Hermogenes, officials of the Roman Emperor Maximinus (¥235).

24/11 St Daniel the Stylite of Const. (¥490).

25/12 St Spyridon the Wonderworker, Bishop of Trimythus in Cyprus (₹348). New Martyr Peter the Aleut slain by the Latins in San Francisco (₹1815). St Herman of Alaska, Enlightener of the Aleuts (₹1836).

26/13 Martyrs Eustratius, Eugene, Auxentius, Mardarius & Orestes of Greater Armenia (№296). Virgin Martyr Lucia of Syracuse in Sicily (№304).

27/14 Martyrs Thyrsus & Callinicus at Apollonia in the Hellespont, & Leucius of Asia Minor (№250).

28/15 Hieromartyr Eleutherius, Bishop of Illyricum & those beheaded with him: Anthia his mother; Coremmon the Eparch; & two Executioners converted through St Eleutherius (¥126).

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**LEVENTH ST LUKE: SUNDAY OF THE HOLY FOREFATHERS OF CHRIST.**Holy Prophet (Haggai) Aggeus (\*\*ca 6<sup>th</sup> C BC). St Theophano, Empress & Wonderworker of Const. & wife of Emperor Leo the Most Wise (\*\*ca 895).

30/17 Holy Prophet Daniel (★ca 532 BC). Holy Three Children in Babylon: Ananias, Azarias, & Misael (★6th C BC).

31/18 Martyrs Sebastian, Zoë & others contesting with them in Rome (№288).

<b>▼ SUNDAY EPISTLE AND GOSPEL READINGS FOR 2</b>	024¥
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According to the Greek Typikon.

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Civ. Date	LIT. DATE	SUNDAY	TONE	MAT. GOSP.	LITURGY Epistle	LITURGY GOSPEL	Liturgical Notes
€ JANUARY 🕸							
Jan 7	DEC 25	HOLY NATIVITY OF THE LORD	-	_	GAL 4:4-7 (M)	MATT 2:1-12 (M)	
Jan 14	JAN 1	SUNDAY BEFORE THEOPHANY. CIRCUM.	Grave	10	II Tim 4:5-8; Col 2:8-12	Mark 1:1-8; Luke 2:2	20-21, 40-52
Jan 21	Jan 8	SUNDAY AFTER HOLY THEOPHANY	PL. $4^{TH}$	11	Eph 4:7-13 (M)	Matt 4:12-17 (M))	
Jan 28	Jan 15	TWELFTH SUNDAY OF SAINT LUKE. LEPERS	$1^{ ext{ST}}$	1	Col 3:4-11 (P29)	Luke 17:12-19 (L12)	
		<b>E</b>	FEBR	RUARY			
Feb 4	Jan 22	14 <sup>TH</sup> OF ST LUKE. NEW MARTYRS RUSSIA.	$2^{ ext{ND}}$	2	I Tim 1:15-17; Rom 8:28-39	9 Luke 18:35-43 (L14	)
Feb 11	Jan 29	FIFTEENTH OF SAINT LUKE. ZACCHAEUS	$3^{RD}$	3	I Tim 4:9-15 (P32)	Luke 19:1-10 (L15)	
Feb 18	<b>FEB 5</b>	SEVENTEENTH OF ST MATT. CANAANITE	<b>4</b> <sup>TH</sup>	4	II Cor 6:16-7:1 (P <sub>17</sub> )	Matt 15:21-28 (P17)	
Feb 25	Feb 12	SUNDAY OF THE PUBLICAN & PHARISEE	PL. <b>1</b> <sup>ST</sup>	5	II Tim 3:10-15 (P33)	Luke 18:10-14 (L16)	
			€ Ma	RCH 🐐		·	
Mar 3	Feb 19	SUNDAY OF THE PRODIGAL SON	PL. $2^{\text{ND}}$	6	I Cor 6:12-20 (P34)	Luke 15:11-32 (L17)	
Mar 10	Feb 26	SUNDAY OF MEATFARE	GRAVE	7	I Cor 8:8-9:2 (P35)	Matt 25:31-46 (P35)	
Mar 17	Mar 4	SUNDAY OF CHEESEFARE	PL. <b>4</b> <sup>TH</sup>	8	Rom 13:11-14:4 (P36)	Matt 6:14-21 (P36)	
	Mar 11	SUNDAY OF ORTHODOXY	$1^{ ext{ST}}$	9	Heb 11:24-26, 32-40	John 1:43-51	
Mar 31	Mar 18	SUNDAY OF SAINT GREGORY PALAMAS	$2^{ ext{ND}}$	10	Heb 1:10-2:3	Mark 2:1-12	
			<b>€</b> AP	RIL 🏶			
Apr 7	Mar 25	SUNDAY OF THE CROSS. ANNUNCIATION	$3^{RD}$	11	HEB 4:14-5:6; 2:11-18	Mark 8:34-9:1; Luk	XE <b>1:24</b> -38
Apr 14	APR 1	SUNDAY OF SAINT JOHN CLIMACUS	<b>4</b> <sup>TH</sup>	1	Heb 6:13-20	Mark 9:17 <sup>-</sup> 31	
Apr 21	Apr 8	SUNDAY OF SAINT MARY OF EGYPT	PL. 1ST	2	Heb 9:11-14	Mark 10:32-45	
Apr 28	APR 15	PALM SUNDAY	-	-	PHIL 4:4-9	John 12:1-18	
			€ M	AY 🏶			
May 5	<b>APR 22</b>	<b>MATERIAL PROPERTY OF THE PROP</b>	-	-	ACTS 1:1-8	John 1:1-7	
May 12	Apr 29	$2^{\text{ND}}$ of Pascha. Thomas Sunday	-	1	Acts 5:12-20	John 20:19-31	
		3 <sup>RD</sup> OF PASCHA. MYRRH-BEARERS	2 <sup>ND</sup>	4	Acts 6:1-7	Mark 15:43-16:8	
May 26	May 13	4 <sup>TH</sup> OF PASCHA. PARALYTIC	3 <sup>RD</sup>	5	Acts 9:32-42	John 5:1-15	
			_	NE 🏶			
Jun 2		5 <sup>TH</sup> OF PASCHA. SAMARITAN WOMAN	$4^{^{\mathrm{TH}}}$	7	Acts 11:19-30	John 4:5-42	
Jun 9	•	6 <sup>TH</sup> OF PASCHA. BLIND MAN	PL. 1 <sup>ST</sup>	8	Acts 16:16-34	John 9:1-38	
Jun 16	Jun 3	7 <sup>TH</sup> OF PASCHA. HOLY FATHERS AT NICEA	Pl. $2^{ND}$	10	Acts 20:16-18, 28-36	John 17:1-13	
Jun 23	JUN 10	HOLY PENTECOST	– <b>D</b> т 4 ТН	-	ACTS 2:1-11	JOHN 7:37-52; 8:12	(D.) 6
Jun 30	Jun 17	1 <sup>ST</sup> SUNDAY OF ST MATTHEW. ALL SAINTS	PL. 4 <sup>TH</sup>	1	Heb 11:33-12:2 (P1)	Matt 10:32-33, 37-38	; 19:27 <sup>-</sup> 30 (P1)

According to the Greek Typikon.

	According to the Greek Typikon.								
	Civ. Date	LIT. DATE	SUNDAY	TONE	MAT. GOSP.	LITURGY EPISTLE	LITURGY GOSPEL	LITURGICAL NOTES	
€ July 🗱									
	Jul 7	Jun 24	2 <sup>ND</sup> OF ST MATT: FORERUNNER'S NATIVITY	<b>1</b> ST	2	Rom 2:10-16; 13:11-14:4	Matt 4:18-23 (P2)		
	Jul 14	Jul 1	3 <sup>RD</sup> OF MATT: MARTYRS OF TURKISH YOKE	$2^{ ext{ND}}$	3	Rom 5:1-10 (P <sub>3</sub> )	Matt 6:22-33 (P3)		
	Jul 21	Jul 8	4 <sup>TH</sup> SUNDAY OF SAINT MATTHEW	$3^{RD}$	4	Rom 6:18-23 (P4)	Matt 8:5-13 (P4)		
	Jul 28	Jul 15	HOLY FATHERS OF 1 <sup>ST</sup> - 7 <sup>TH</sup> Ec. Councils	<b>4</b> <sup>TH</sup>	5	Titus 3:8-15 (M)	Matt 5:14-19 (M)		
	€ August 💸								
	Aug 4	Jul 22	SIXTH SUNDAY OF SAINT MATTHEW	$\mathbf{P}_{\mathbf{L}}$ . $1^{\mathrm{ST}}$	6	Rom 12:6-14 (P6)	Matt 9:1-8 (P6)		
	Aug 11	Jul 29	SEVENTH SUNDAY OF SAINT MATTHEW	$P_{L. 2^{ND}}$	7	Rom 15:1-7 (P7)	Matt 9:27-35 (P7)		
	Aug 18	<b>AUG 5</b>	EIGHTH SUNDAY OF SAINT MATTHEW	GRAVE	8	I Cor 1:10-17 (P8)	Matt 14:14-22 (P8)		
	Aug 25	Aug 12	NINTH SUNDAY OF SAINT MATTHEW	PL. $4^{TH}$	9	I Cor 3:9 <sup>-</sup> 17 (P9)	Matt 14:22-34 (P9)		
	0 )	C	€ (€	·-	MBER		, ,,		
	Sep 1	Aug 19	TENTH SUNDAY OF SAINT MATTHEW	$1^{ ext{ST}}$	10	I Cor 4:9-16 (P10)	Matt 17:14-23 (P10)		
	Sep 8	Aug 26	ELEVENTH SUNDAY OF SAINT MATTHEW	$2^{\text{ND}}$	11	I Cor 9:2-12 (P11)	Matt 18:23-35 (P <sub>11</sub> )		
	Sep 15	SEP 2	TWELFTH SUNDAY OF SAINT MATTHEW	$3^{RD}$	1	I Cor 15:1-11 (P12)	Matt 19:16-26 (P12)		
	Sep 22	Sep 9	SUNDAY BEFORE EXALTATION OF CROSS	$4^{^{\mathrm{TH}}}$	2	Gal 6:11-18 (M) (P22)	John 3:13-17 (M)		
	Sep 29	Sep 16	SUNDAY AFTER EXALTATION OF CROSS	PL. 1ST	3	Gal 2:16-20 (M) (P21)	Mark 8:34-9:1 (M)		
	1	•		<b>Ост</b> о	-				
	Oct 6	Sep 23	FIRST SUNDAY OF SAINT LUKE	Pl. $2^{\rm ND}$	4	II Cor 4:6-15; Gal 4:22-27	Luke 5:1-11 (L1)		
	Oct 13	Sep 30	SECOND SUNDAY OF SAINT LUKE	Grave	5	II Cor 6:1-10 (P <sub>1</sub> 6)	Luke 6:31-36 (L2)		
	Oct 20	1 -	THIRD SUNDAY OF SAINT LUKE	Pl. $4^{TH}$	6	II Cor 6:-16-7:1 (P17)	Luke 7:11-16 (L3)		
	Oct 27	Oct 14	4 <sup>TH</sup> OF LUKE. FATHERS 7 <sup>TH</sup> Ec. COUNCIL.	$1^{ ext{ST}}$	7	Titus 3:8-15 (M)	Luke 8:5-15 (M)(L4)	)	
	€ November 🗱								
	Nov 3	Oct 21	SIXTH SUNDAY OF SAINT LUKE	$2^{\text{ND}}$	8	II Cor 11:31-12:9 (P19)	Luke 8:27-39 (L6)		
	Nov 10	Oct 28	SEVENTH SUNDAY OF SAINT LUKE	$3^{\scriptscriptstyle  ext{RD}}$	9	Gal 1:11-19 (P20)	Luke 8:41-56 (L7)		
	Nov 17		FIFTH SUNDAY OF SAINT LUKE	<b>4</b> <sup>TH</sup>	10	Gal 2:16-20 (P21)	Luke 16:19-31 (L5)		
	Nov 24	Nov 11	EIGHTH SUNDAY OF SAINT LUKE	$\mathbf{P}_{\mathrm{L.}}  1^{\mathrm{ST}}$	11	Gal 6:11-18 (P22)	Luke 10:25-37 (L8)		
€ DECEMBER 🕸									
	Dec 1	Nov 18	NINTH SUNDAY OF SAINT LUKE	$P_{L. \ 2^{ m ND}}$	1	Eph 2:4-10 (P23)	Luke 12:16-21 (L9)		
	Dec 8	Nov 25	THIRTEENTH SUNDAY OF SAINT LUKE	Grave	2	Eph 2:14-22; Gal 3:23-4:5	Luke 18:18-27 (L13)		
	Dec 15		SIXTEENTH SUNDAY OF SAINT MATTHEW	$PL.4^{TH}$	3	Eph 4:1-7 (P25)	Mat 25:14-30 (P16)		
	Dec 22	Dec 9	TENTH SUNDAY OF SAINT LUKE	$1^{ ext{ST}}$	4	Gal 4:22-27 (M)	Luke 13:10-17 (L10)	2.5	
)o	Dec 29	Dec 16	11 <sup>TH</sup> OF ST LUKE: HOLY FOREFATHERS	$2^{ ext{ND}}$	5	Col 3:4-11 (P29)	Luke 14:16-24 (L11)		

### ORTHODOX CHRISTIAN FASTING GUIDELINES

The following is a general statement concerning fasting guidelines used in Orthodox Christianity:

As in the first millennium, so also today, there are a variety of guidelines for Orthodox fasting. There are a number of reasons for the variety: the availability of local foods, climate and bodily health considerations, just to mention a few. Therefore certain fasting days or weeks noted in this calendar may differ from local practice. Please consult with your parish priest concerning any fasting differences.

The message of fasting found in the Holy Scriptures and in the writings of the saints can simply be stated: "Fasting is the beginning and foundation of every spiritual activity... If you remove this foundation and substitute for it a full stomach and improper desires, they will be undermined like sand by evil thoughts, and the whole structure of virtues will be destroyed (cf. Matt 7:26; Luke 6:49). To prevent this from happening...let us stand gladly on the solid foundation of fasting. Let us stand firmly, let us stand willingly!"

-Saint Symeon the New Theologian, *The Discourses* 

## PASCHALION FOR THE YEARS 2024 TO 2033

YEAR	Civil	LITURGICAL		YEAR	Civil	LITURGICAL
2024	May 5	April 22	το <b>Ψ</b> νο	2029	April 8	March 26
2025	April 20	April 7	NI KA	2030	April 28	April 15
2026	April 12	March 30	<b>P</b>	2031	April 13	March 31
2027	May 2	April 19		2032	May 2	April 19
2028	April 16	April 3	GLORY BE TO GOD FOR ALL THINGS	2033	April 24	April 11

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