

2022 Digital Church Calendar

Calendar Color Code

Red Fast day with meat, meat products, dairy, fish, wine and oil, not permitted

Blue Fast day with wine and oil, & in some cases fish, permitted

Green Fast-free day

Calendar Symbols

 Wine & oil permitted on a Fast day

 Fish permitted on a Fast day

MO Our Most Holy Lady Theotokos

TEXT Designates one of the thirteen major feast days of the Church including **Holy PASCHA**



Fasting

Oftentimes have I quoted the words of Saint Seraphim, and once again shall I mention them. Once there came to him a mother who was concerned about how she might arrange the best possible marriage for her young daughter. When she came to Saint Seraphim for advice, he said to her: "Before all else, ensure that he, whom your daughter chooses as her companion for life, keeps the fasts. If he does not, then he is not a Christian, whatever he may consider himself to be". You see how the greatest saint of the Russian Church, Saint Seraphim of Sarov, a man who, better than we, knew what Orthodoxy is, spoke concerning the fasts?

*Saint Philaret of New York,
the New Confessor*

Our Hierarchs

Gregory, Metropolitan of Boston
President of the Holy Synod

Ignatius, Metropolitan of Seattle

Paul, Metropolitan of Nairobi
On behalf of the Church in East Africa

Chrysostomos, Suffragan Bishop of Lanham

Spyridon, Bishop of Saint Petersburg
On behalf of the Church in Russia

Note: The Greek Typikon was used for all fasting guidelines in this calendar. A complete description of the fasting guidelines can be found in our 2022 Pocket Calendar. For local variations on fasting, please refer to the Orthodox Christian Fasting Guidelines included on the back page of this calendar.

Holy Orthodox Church in North America

Metropolis of Toronto

77 Craiglee Drive
Scarborough Ontario M1N 2M6
www.HOMT.ca

Metropolis of Boston

852 South Street
Roslindale MA 02131-2448
www.HOMB.org

Metropolis of Seattle

10300 Ashworth Ave North
Seattle WA 98133-9410
www.HOMSEATTLE.org

JANUARY 2022

SUN MON TUE WED THU FRI SAT



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Civ./Lit.

FEAST DAYS

1/19 SATURDAY BEFORE HOLY NATIVITY. St. Boniface who was martyred at Tarsus in Cilicia (†290).

2/20 Sunday before Holy Nativity. Forefeast of Holy Nativity. Hieromartyr Ignatius the God-bearer, Bishop of Antioch (†107).

3/21 Virgin Martyr Juliana of Nicomedia (†299).

4/22 Martyrs Anastasia, Deliverer from Potions & Chrysogonus of Rome (†ca. 300).

5/23 Ten Martyrs of Crete (†250).

6/24 ROYAL HOURS & EVE OF THE HOLY NATIVITY OF CHRIST.

7/25 HOLY NATIVITY ACCORDING TO THE FLESH OF OUR LORD, GOD & SAVIOUR JESUS CHRIST

FAST-FREE DEC. 26 - JAN. 4

8/26 SATURDAY AFTER HOLY NATIVITY. SYNAXIS OF OUR MOST HOLY LADY THEOTOKOS.

9/27 Sunday after Holy Nativity. The holy ancestors of God: St. Joseph the Betrothed, Righteous David the Prophet-King, & St. James the Brother of our Lord. First Martyr & Archdeacon Stephen (†34).

10/28 The Holy 20,000 Martyrs burned in Nicomedia (†303). St. Simon the Myrrh-streamer, founder of Simonopetra Monastery on Mount Athos (†13th C).

11/29 The 14,000 Holy Innocents slain in & around Bethlehem by Herod.

12/30 Virgin Martyr Anysia of Thessalonica (†298).

13/31 APODOSIS OF HOLY NATIVITY. Martyr & Presbyter Zoticus of Rome, Patron of Orphans, who was perfected in martyrdom in Const. (†4th C).

14/1 CIRCUMCISION OF OUR LORD, GOD & SAVIOUR JESUS CHRIST. St. Basil the Great, Archbishop of Caesarea in Cappadocia (†379).

15/2 SATURDAY BEFORE HOLY THEOPHANY. St. Sylvester, Pope of Rome (†325). Righteous Father Seraphim, Wonderworker of Sarov (†1833).

16/3 Sunday before Holy Theophany. Holy Prophet Malachias (†5th C BC). Righteous Mother Genevieve of Paris (†ca. 502).

17/4 Synaxis of the holy & glorious 70 Apostles.

18/5 ROYAL HOURS & EVE OF HOLY THEOPHANY. Martyrs of Nicomedia Bishop Theopemptus & the former sorcerer Theonas (†ca. 303).

19/6 HOLY THEOPHANY OF OUR LORD, GOD & SAVIOUR JESUS CHRIST

20/7 SYNAXIS OF THE VENERABLE & GLORIOUS PROPHET, FORERUNNER & BAPTIST JOHN.

21/8 St. Domnica of Const. (†ca. 474). Martyr Abo, the Perfumer of Baghdad, beheaded in Tbilisi (†786). St. George of Hozeva (†9th C).

22/9 SATURDAY AFTER HOLY THEOPHANY. Martyr Polyeuctus of Melitene in Armenia (†255).

23/10 Sunday after Holy Theophany. St. Gregory, Bishop of Nyssa (†ca. 395), the younger brother in the flesh of St. Basil the Great.

24/11 St. Theodosius the Great, Cenobiarch & founder of the Monastery of St. Theodosius near Bethlehem (†ca. 529).

25/12 Virgin Martyr & Deaconess Tatiana of Rome (†3rd C).

26/13 St. Hilary, Bishop of Poitiers (†ca. 368).

27/14 APODOSIS OF HOLY THEOPHANY. St. Nino, the Enlightener of Georgia & Equal to the Holy Apostles (†ca. 335). St. Sabbas, First Archbishop of Serbia & founder of Hilandar Monastery (†1235).




28/15 Righteous Father Paul of Thebes (†341). St. John the Hut Dweller of Const. (†ca. 450).

29/16 Veneration of the Holy Apostle Peter's Chains. St. Priscilla of Rome, disciple of the Holy Apostle Peter.

30/17 Twelfth Sunday of St. Luke. Righteous & God-bearing Father Anthony the Great of Egypt (†356).




31/18 Ss Athanasius (†373) & Cyril (†444), Patriarchs of Alexandria.


FEBRUARY 2022

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
		19	20	21	22	23
6	7	8	9	10	11	
24	25	26	27	28	29	30
13	14			17	18	19
31	1	2	3	4	5	6
20	21	22	23	24	25	26
7	8	9	10	11	12	13
27	28	<p>Mother's Day in the Church is Tuesday, Feb 15 / 2</p>				
14	15					

Civ./Lit.

FEAST DAYS


- 1/19 Ss. Macarius the Great of Egypt, the Anchorite (†ca. 391), & Macarius of Alexandria (†ca. 394). St. Mark Eugenicus, Metropolitan of Ephesus (†1443).
-  2/20 St. Euthymius the Great of Palestine (†473).
- 3/21 Virgin Martyr Agnes of Rome (†ca. 304). St. Maximus the Confessor of Const. (†662).
-  4/22 Holy Apostle of the 70 Timothy (†97), disciple of the Apostle Paul. Righteous Martyr Anastasius of Persia (†628).
- 5/23 Hieromartyr Clement, Bishop of Ancyra in Galatia & St. Agathangelus from Rome who were beheaded in the year 296.
-  6/24 **Fifteenth Sunday of St. Luke.** Righteous Mother Xenia of Rome (†450). Blessed Xenia, the Fool for Christ's Sake of St. Petersburg (†ca. 1800). Synaxis of All the Holy New Martyrs of Russia beginning in the year 1917.
- 7/25 St. Gregory the Theologian, Archbishop of Const. (†391).

- 8/26 Ss. Xenophon of Const., his wife Mary & their sons Arcadius & John (†6th C).
-  9/27 Translation of the holy relics of St. John Chrysostom of Const. in the year 438.
- 10/28 Righteous & God-bearing Fathers Ephraim (†ca. 373) & Isaac (†7th C) the Syrians.
- 11/29 Translation of the holy relics of St. Ignatius the God-bearer of Antioch.
- 12/30 Great Hierarchs & Universal Teachers, Ss. Basil the Great, Gregory the Theologian & John Chrysostom.


 **13/31 Publican & Pharisee Sunday.** [TRIODION PERIOD BEGINS] Holy & Wonder-working Unmercenaries Ss. Cyrus & John beheaded in Syria (†292).

FAST-FREE WEEK

- 14/1 Prefestival of the Meeting of our Lord in the Temple. St. Trypho martyred in Nicaea (†ca. 250). Righteous Mother Brigid of Kildare (†ca. 525).
- 15/2 MEETING OF OUR LORD, GOD & SAVIOUR JESUS CHRIST IN THE TEMPLE**
- 16/3 Synaxis of the God-receiver Symeon & Anna the Prophetess.
- 17/4 Our Righteous Fathers Isidore of Mount Pelusium (†440) & Nicholas the Studite, Confessor of Const. (†868).
- 18/5 Synaxis of **MO** Icon called "Searcher of the Lost." Holy Virgin Martyr Agatha of Palermo in Sicily (†251).
- 19/6 Ss. John the Prophet (†ca. 540) & Barsanuphius the Great (†ca. 563). St. Photius the Great, Patriarch of Const., Equal to the Apostles (†891).


 **20/7 Sunday of the Prodigal Son.** St. Moses, Bishop & Enlightener of the Arabs in the Syro-Arabian Desert (†ca. 405). St. Parthenius, Bishop of Lampsacus (†4th C).

MEATFARE WEEK




- 21/8 Holy Prophet Zacharias (Zechariah) (†ca. 520 BC). Great Martyr Theodore the Commander (†ca. 320).
- 22/9 *Apodosis of the Meeting of our Lord.* Hieromartyr Philagrius, Bishop of Cyprus (†1st C). Holy Martyr Nicephorus of Antioch (†ca. 260).
-  23/10 Hieromartyr Haralampus of Magnesia (†ca. 202).
- 24/11 Synaxis of **MO** of Corfu. Hieromartyr Blaise of Sebastia & those with him (†316). St. Theodora, Empress of Const. & restorer of icons (†867).
- 25/12 St. Meletius, Archbishop of Antioch the Great (†381).
- 26/13 *Saturday of Souls* St. Martinian of Palestine (†ca. 422). St. Symeon the Myrrh-streamer & founder of the Serbian Hilandar Monastery of Mount Athos (†ca. 1199).

 **27/14 Meatfare Sunday of the Last Judgment.** [LAST DAY TO EAT MEAT & MEAT PRODUCTS UNTIL PASCHA] Ss. Maron (†423) & Abraames (†ca. 423) of Syria.

CHEESEFARE WEEK

-  28/15 Holy Apostle Onesimus from Colossae (†ca. 90), disciple of the Holy Apostle Paul.

MARCH 2022

SUN	MON	TUE	WED	THU	FRI	SAT
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CIV./LIT.

FEAST DAYS

- 1/16 Martyrs Pamphilus & those with him who contested in Palestine (†290). St. Flavian the Confessor, Patriarch of Const. (†449).
- 2/17 Great Martyr Theodore the Tyro (†ca. 305). Righteous & God-bearing Father Nicholas Planas, Presbyter of Athens (†1932).
- 3/18 St. Leo the Great, Pope of Rome (†461).
- 4/19 Holy Apostles of the 70 Archippus, Philemon & Apphia. Righteous Martyr Philothei of Athens (†1589).
- 5/20 *CHEESEFARE SATURDAY*. St. Bessarion the Great of Egypt (†ca. 466).
- 6/21 **Cheesefare Sunday. Forgiveness Sunday.** Commemoration of Adam & Eve's exile from paradise. [LAST DAY TO EAT CHEESE & DAIRY PRODUCTS UNTIL PASCHA] Synaxis of MΘ Icon of Cucuzelis. Righteous Timothy of Symbola in Bithynia (†ca. 795).

1ST WEEK OF GREAT LENT

- 7/22 Clean Monday: Great Compline & Part I of the Great Penitential Canon of St. Andrew, Archbishop of Crete.

- 8/23 Great Compline & Part II of the Great Penitential Canon.
- 9/24 Great Compline & Part III of the Great Penitential Canon.
- 10/25 Great Compline & Part IV of the Great Penitential Canon.
- 11/26 SMALL COMPLINE & FIRST STASIS OF THE AKATHIST HYMN.

- 12/27 First Saturday of Great Lent. Commemoration of the miracle of the Kol-lyva in Const. wrought by St. Theodore the Tyro in the year 362.

- 13/28 **First Sunday of Great Lent: Sunday of the Triumph of Orthodoxy - Restoration of the Holy & Venerable Icons in 843.** Vespers of Orthodoxy with procession of the icons. St. Basil the Confessor of Decapolis (†ca. 747), fellow ascetic of St. Procopius. St. John Cassian the Confessor who reposed in Gaul (†ca. 433).

2ND WEEK OF GREAT LENT

- 14/1 Righteous Martyr Eudocia the Samaritan of Heliopolis (†ca. 107).
- 15/2 Martyr Hesychius the Senator who contested in Lower Syria (†302).
- 16/3 Holy Martyrs Eutropius, Cleonicus & Basiliscus of Cappadocia (†308).
- 17/4 Ss Paul & his sister in the flesh Juliana of Ptolemais in Palestine with their executioners (†273). Righteous Father Gerasimus of the Jordan (†475).
- 18/5 SMALL COMPLINE & SECOND STASIS OF THE AKATHIST HYMN.
- 19/6 Holy Forty-two Martyrs of Amorion beheaded by Moslem Arabs (†845).

- 20/7 **Second Sunday of Great Lent: St. Gregory Palamas, Archbishop of Thessalonica.**

3RD WEEK OF GREAT LENT

- 21/8 St. Theophylact the Confessor, Bishop of Nicomedia (†845).
- 22/9 Holy Great 40 Martyrs of Sebastia (†320).
- 23/10 Holy Martyr Quadratus of Corinth & those with him (†ca. 256).
- 24/11 Righteous Father Sophronius, Archbishop of Jerusalem (†638).
- 25/12 SMALL COMPLINE & THIRD STASIS OF THE AKATHIST HYMN. St. Gregory the Great, Pope of Rome (†604). St. Symeon the new Theologian, Abbot of the monastery of St. Mamas in Const. who reposed in 1022.
- 26/13 Translation of the holy relics of St. Nicephorus, Patriarch of Const. in the year 846.

- 27/14 **Third Sunday of Great Lent: Adoration of the Precious & Life giving Cross.** Synaxis of MΘ Feodorovskaya Icon. St. Benedict of Nursia (†547).

4TH WEEK OF GREAT LENT

- 28/15 Holy Apostle of the 70 Aristobulus, Bishop of Britain (†1st C), ordained by the Holy Apostle Paul.
- 29/16 Martyr Sabine of Hermopolis in Egypt (†ca. 163). St. Christodulus the Wonderworker, founder of the Monastery of St. John the Theologian on the isle of Patmos (†1093).
- 30/17 St. Alexis of Rome, the Man of God (†ca. 411). St. Patrick, Enlightener of Ireland & Equal to the Apostles (†ca. 461).
- 31/18 St. Cyril, Archbishop of Jerusalem (†386). Holy Royal Martyr Edward, King of England (†979).

APRIL 2022

SUN MON TUE WED THU FRI SAT



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Civ./Lit.

FEAST DAYS

1/19 SMALL COMPLINE & THIRD STASIS OF THE AKATHIST HYMN. Holy Martyrs Chrysanthus of Alexandria & his wife Daria of Athens (†ca. 283).

2/20 Righteous Fathers of the Monastery of Saint Sabbas of Palestine who were slain by the Saracens (†ca. 633).

3/21 **Fourth Sunday of Great Lent: St. John Climacus (of the Ladder).** St. James the Confessor, Bishop of Const. (†ca. 810).

5TH WEEK OF GREAT LENT

4/22 New Martyr Euthymius of the Holy Mountain (†1814).

5/23 Martyrs Nicon & His 199 Disciples of Sicily (†ca. 251). **The Great Penitential Canon of St. Andrew, Archbishop of Crete.** (Included with Monday evening service)

6/24 Forefeast of the Annunciation.

7/25 **ANNUNCIATION OF OUR MOST HOLY LADY THEOTOKOS & EVER-VIRGIN MARY** (The Canon is transferred to Tuesday.)

8/26 The Synaxis of the Archangel Gabriel. SMALL COMPLINE AND THE AKATHIST HYMN.

9/27 SATURDAY OF THE AKATHIST HYMN.

10/28 **Fifth Sunday of Great Lent: St. Mary of Egypt.** St. Hilarion the new, Abbot of the Monastery of Pelecete (†754).

6TH WEEK OF GREAT LENT

11/29 Righteous Mark, Bishop of Arethusa in Syria, Cyril the Deacon of Heliopolis in Phoenicia & Others who were martyred during the reign of Julian the Apostate in the year 361.

12/30 St. Eubula of Nicomedia (†300), mother in the flesh of St. Panteleimon. Righteous Father John Climacus of Sinai (†603).

13/31 Synaxis of **MO** icon of the Keeper of the Portal of Iveron Monastery. Hieromartyr Hypatius, Bishop of Gangra in Paphlagonia (†ca. 360).

14/1 Righteous Mother Mary of Egypt (†ca. 522).

15/2 SMALL COMPLINE & CANON TO ST. LAZARUS.

16/3 LAZARUS SATURDAY.

17/4 **PALM SUNDAY: THE ENTRY OF OUR LORD, GOD & SAVIOUR JESUS CHRIST INTO JERUSALEM**

HOLY WEEK

18/5 **HOLY & GREAT MONDAY:** Patriarch Joseph the All-comely.

19/6 **HOLY & GREAT TUESDAY:** Commemoration of the parable of the Ten Virgins.

20/7 **HOLY & GREAT WEDNESDAY:** Commemoration of the anointing of our Lord with myrrh by the woman who was a sinner, for this occurred shortly before the Passion of our Saviour.

21/8 **HOLY & GREAT THURSDAY:** Commemoration of the washing of the Holy Apostles' feet by our Saviour; the Mystical Supper; the prayer in Gethsemane, & the betrayal.

22/9 **HOLY & GREAT FRIDAY:** Royal Hours. Commemoration of the Holy, Saving & Awesome Passion of our Lord, God & Saviour Jesus Christ.

23/10 **HOLY & GREAT SATURDAY:** Commemoration of the Burial & Descent of our Saviour into Hades.

24/11 — **HOLY PASCHA — THE JOYOUS RESURRECTION OF OUR LORD, GOD & SAVIOUR JESUS CHRIST**

[PENTECOSTARION PERIOD BEGINS]

RENEWAL (BRIGHT) WEEK

25/12 **BRIGHT MON:** In celebration of our Saviour's Joyous Resurrection.

26/13 **BRIGHT TUES:** In celebration of our Saviour's Joyous Resurrection. Martyrs Raphael, Nicholas, Virgin Irene of Lesbos & those with them.








27/14 **BRIGHT WED:** In celebration of our Saviour's Joyous Resurrection.

28/15 **BRIGHT THURS:** In celebration of our Saviour's Joyous Resurrection.

29/16 **BRIGHT FRI:** In celebration of our Saviour's Joyous Resurrection. Feast of the Life-giving Spring of our Most Holy Lady Theotokos.

30/17 **BRIGHT SAT:** In celebration of our Saviour's Joyous Resurrection.

MAY 2022

SUN	MON	TUE	WED	THU	FRI	SAT
 18	2 19	3 20	4 21	5 22	 23 24	7 24
 25	9 26	10 27	11 28	12 29	13 30	14 1
 2	16 3	17 4	 5	19 6	20 7	21 8
 9	23 10	24 11	25 12	26 13	27 14	28 15
 16	30 17	31 18	US Memorial Day is Monday, May 30 / 17			


Civ./Lit.

FEAST DAYS

1/18 Second Sunday of Pascha: St. Thomas Sunday, also called Antipascha. Synaxis of the Holy Apostle Thomas.

2/19 St. Symeon, Abbot of Philotheou Monastery on Mount Athos (†1594).

3/20 Holy Apostle Zacchaeus, the former Chief Publican of Jericho & First Bishop of Caesarea in Palestine (†1st C).

 4/21 Empress Alexandra of Nicomedia (†296) who was martyred after believing in Christ through St. George the Trophy-bearer. Holy Hieromartyr Januarius & those with him who contested for piety's sake in Campania of Italy (†ca. 305).

5/22 Righteous Father Theodore of Sykeon (†613)

 6/23 Glorious Great Martyr George the Trophy-bearer who was tortured & beheaded in Nicomedia (†296)

7/24 Righteous Mother Elizabeth the Wonderworker of Const. (†540).

8/25 Third Sunday of Pascha: Sunday of the Myrrh-bearing Women. MØ; Mary Magdalene; Martha & Mary, sisters of the Righteous Lazarus; Mary, wife of Cleopas; Joanna, wife of Chouza; Salome, mother of the sons of Zebedee, & Susanna. Also Ss. Joseph of Arimathea & Nicodemus.

9/26 St. Glaphyra & Hieromartyr Basileus, Bishop of Amasia in Pontus (†322).

10/27 Hieromartyr Symeon, Kinsman of our Lord & second Bishop of Jerusalem (†107).

 11/28 Nine Martyrs of Cyzicus: Theognis, Rufis, Antipater, Theostichus, Artemas, Magnus, Theodotus, Thaumasius, & Philemon (†4th C).

12/29 Holy Apostles of the 70 Jason & Sosipater who were the first to preach the Gospel on the island of Corfu (†1st C).

 13/30 Holy Apostle James (†1st C), brother in the flesh of the Holy Apostle John the Theologian.

14/1 Holy Prophet Jeremias (†ca. 6th C BC).


15/2 Fourth Sunday of Pascha: Sunday of the Paralytic. Translation of the holy relics of St. Athanasius the Great, Archbishop of Alexandria.

16/3 St. Theodosius, Abbot of the Kiev Caves Larva, founder of monasticism in Russia (†1074).

17/4 Holy Martyr Pelagia from Tarsus of Cilicia (†288).

 18/5 MID-PENTECOST.

19/6 Just & much-suffering Holy Prophet Job (†ca. 1350 BC).

 20/7 Commemoration of the Sign of the Cross that appeared for many hours over Jerusalem on Pentecost in the year 351.

21/8 Glorious Apostle & Evangelist John the Theologian, commemorating the annual miracle that took place at his tomb in Ephesus.

22/9 Fifth Sunday of Pascha: Sunday of the Samaritan Woman. Prophet Esaias (Isaiah) (†ca. 681 BC). Righteous Father Shio of Mghvime in Georgia (†7th C).

23/10 Holy Apostle Simon the Canaanite (Zealot) (†1st C).

24/11 Holy Hieromartyr Mocius who was beheaded in Byzantium (†288). Ss. Cyril (†869) & his brother in the flesh Methodius (†885) of Thessalonica, Equal to the Holy Apostles & Enlighteners of the Slavs.

 25/12 APODOSIS OF MID-PENTECOST.

26/13 Martyr Glyceria of Trajanopolis in Thrace (†141). Righteous Father Euthymius the New, Founder of the Iveron Monastery (†1028).

 27/14 Holy Great Martyr Isidore of Chios (†251).




28/15 St. Pachomius the Great of Egypt (†346).

29/16 Sixth Sunday of Pascha: Sunday of the Blind Man. St. Theodore the Sanctified of Egypt (†368).

30/17 Apostles Andronicus & Junia, who were in a Roman prison with the Apostle Paul (†1st C).

31/18 Martyrs Peter of Lampsacus, Dionysius, Christina, Andrew, Paul, Benedimus, Paulinus & Heraclius of Athens (†ca. 250).

JUNE 2022


SUN	MON	TUE	WED	THU	FRI	SAT
			1			4
			19	20	21	22
5	6	7	8	9	10	11
23	24	25	26	27	28	29
	13	14	15	16	17	18
30	31	1	2	3	4	5
19	20	21	22	23	24	25
6	7	8	9	10	11	12
26	27	28	29	30		
13	14	15	16	17		

CIV./LIT.

FEAST DAYS

 1/19 *APODOSIS OF HOLY PASCHA*. [IN SOME USAGES, A FAST-FREE DAY IS PERMITTED]

2/20 HOLY ASCENSION OF OUR LORD, GOD & SAVIOUR JESUS CHRIST



 3/21 Holy, glorious, God-crowned & great Sovereigns of Const. Constantine (*337) & his mother Helen (*327), the Equals to the Holy Apostles.

4/22 Holy 150 Fathers of the Second Ecumenical Council in the year 381.

5/23 Seventh Sunday of Pascha: Sunday of the 318 Holy Fathers of the First Ecumenical Council in the year 325 in Nicaea.

6/24 St. Vincent of Lerins (*445). St. Symeon the "new Stylite" of the Wondrous Mountain (*595).

7/25 Commemoration of the third finding of the Venerable Head of the Glorious Prophet, Forerunner & Baptist John.

 8/26 Holy & glorious Apostle of the 70 Carpus, Bishop of Beroea in Thrace.
 9/27 St. John the Russian of Prokopion, the New Confessor (*1730).
 10/28 *APODOSIS OF HOLY ASCENSION*.
 11/29 *SATURDAY OF SOULS*.

12/30 HOLY PENTECOST *KNEELING VESPERS*
FAST-FREE WEEK

13/31 *MONDAY OF THE HOLY SPIRIT*.

14/1 Martyr Justin the Philosopher & those beheaded with him in Rome (*167).

15/2 Righteous Hieromartyr Erasmus of Ochrid, & the 20,000 Martyrs who believed in Christ through him (*ca. 303). St. Nicephorus the Confessor, Archbishop of Const. (*828).

16/3 Synaxis of **MO** the Young Icon. Martyrs Lucillian of Nicomedia, the four children with him & Paula the Virgin (*270).

17/4 Ss. Martha & Mary of Bethany, sisters in the flesh of St. Lazarus, the friend of Christ. St. Metrophanes, first Archbishop of Const. (*325).

18/5 *APODOSIS OF PENTECOST*. Hieromartyr Dorotheus, Bishop of Tyre in Phoenicia (*361). Hieromartyr Boniface, Archbishop of Mainz & Enlightener of Germany (*754).

19/6 First Sunday of St. Matthew: Sunday of All Saints. St. Hilarion the New, Abbot of Dalmatus Monastery in Const. (*ca. 845). [PENTECOSTARION PERIOD ENDS]

APOSTLES' FAST BEGINS

 20/7 Martyr Theodotus of Ancrya (*ca. 303).

 21/8 Translation of the holy relics of the Great Martyr Theodore the Commander. St. Melania the Elder who reposed in Jerusalem (*ca. 410).


22/9 St. Cyril, Archbishop of Alexandria (*444). St. Columba, founder of the Monastery of Iona, offshore from Scotland (*597).

 23/10 Hieromartyr Metrophanes, his family & others slain with them in Beijing during the Boxer Rebellion of China (*1900).

 24/11 Synaxis of **MO** Icon called "It is Truly Meet." St. Barnabas, Leader of the Holy Seventy Apostles. Apostle Bartholomew.


 25/12 St. Triphyllus, Bishop of Leucosia in Cyprus (*ca. 370). Ss. Onuphrius the Great of Egypt (*400) & Peter of Athos (*9th C).

 **26/13 Sunday of the Holy Fathers of Mt. Athos & All Saints of Russia.** Virgin Martyr Aquilina of Byblos in Syria (*289).





 27/14 Holy Prophet Elisseus (*ca. 839 BC). St. Methodius the Confessor, Archbishop of Const. (*846). St. Niphon of Mount Athos (*1330).

 28/15 Holy Prophet Amos (*ca. 8th BC).

29/16 St. Tikhon, Bishop of Amathus in Cyprus (*ca. 425). Righteous Elder Moses of the Optina Monastery (*1862).

 30/17 St. Hypatius of Rufiniana (*ca. 450). St. Botolph (Patron Saint of the City of Boston), Abbot of the Monastery of Ikanhoe in Britain (*680).


JULY 2022


SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
					18	19
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20	21	22	23	24	25	26
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27	28	29	30	1	2	3
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Civ./Lit.


FEAST DAYS

1/18 Synaxis of **MO** Icon of Bogoliubovo. Martyrs Leontius of Greece, Hypatius & Theodulus who were slain in Tripolis of Phoenicia (†73).

 2/19 Holy Apostle Jude (†ca. 80). St. John (Maximovitch), Archbishop of Shanghai & San Francisco, the Wonderworker who reposed in Seattle (†1966).

 3/20 **Sunday of the New Martyrs of the Turkish Yoke.** Synaxis of **MO** Directress Icon. Hieromartyr Methodius of Patara, Bishop of Olympus (†312).


 4/21 Martyr Julian of Tarsus (†305). New Martyr Nicetas (Neke-tas) of Nisyros beheaded by the Turks at Chios (†1732).

 5/22 Hieromartyr Eusebius, Bishop of Samosata (†ca. 380).


6/23 Synaxis of **MO** Icon of Vladimir.

 7/24 **NATIVITY OF THE VENERABLE & GLORIOUS PROPHET, FORERUNNER & BAPTIST JOHN.** Synaxis of the Righteous Zacharias & Elizabeth.

8/25 Virgin Martyr Febronia of Nisibis (†ca. 302).

 9/26 St. David of Thessalonica (†6th C).

 10/27 **Fourth Sunday of St. Matthew.** St. Samson the Hospitable of Const. (†ca. 530).

 11/28 Translation of the holy relics of the Wonderworking Holy Unmercenaries Cyrus & John in the year 414. Synaxis of **MO** Icon called "Of Three Hands."

12/29 **HOLY, GLORIOUS, & ALL-LAUDED CHIEFS OF THE APOSTLES, PETER & PAUL.**

 13/30 **SYNAXIS OF THE HOLY, GLORIOUS, & ALL-LAUDED TWELVE APOSTLES.**

14/1 Wonderworking Holy Unmercenaries Cosmas & Damian of Rome (†284).

 15/2 Deposition of **MO** Precious Raiment in her holy shrine at Blachernae. Hieromartyr Juvenal, Enlightener of America slain in Alaska (†1796).

16/3 Martyr Hyacinth the Chamberlain of Caesarea in Cappadocia (†108).

17/4 **Fifth Sunday of St. Matthew.** Royal Martyrs of Russia: Tsar Nicholas II, Tsaritsa Alexandra, Crown Prince Alexis, the Grand Duchesses Olga, Tatiana, Maria, Anastasia, & their faithful servants who were martyred with them in 1918.

18/5 St. Athanasius, Founder of the Great Lavra of Athos (†1003). The Grand Duchess Elizabeth, Novice Barbara & those martyred with them in 1918.

19/6 St. Sisoës the Great of Egypt (†ca. 429).

20/7 Great Virgin Martyr Kyriake of Nicomedia (†300).

21/8 Finding of the Icon of **MO** of Kazan in 1579. Great Martyr Procopius & those with him who were beheaded in Caesarea of Palestine (†ca. 290).

22/9 Hieromartyr Pancratius, Bishop of Tauromenium (†1st C).

23/10 Deposition of the Precious Robe of our Lord Jesus Christ in Moscow in the year 1625.

24/11 **Sixth Sunday of St. Matthew.** Great Martyr Euphemia's miracle confirming the definition of Faith at the Fourth Ecumenical Council in Chalcedon in the year 451. St. Olga, Princess of Kiev & Equal to the Holy Apostles (†969).

25/12 St. Veroniki, the woman with an issue of blood, who was healed by Christ (†1st C). Martyrs Proclus & Hilary of Ancyra (†106).

26/13 Synaxis of the Archangel Gabriel.

27/14 Holy Apostle of the 70 Aquila from Asia Minor. St. Joseph the Confessor, Archbishop of Thessalonica (†833). St. Nicodemus of Mt. Athos (†1809).






28/15 Martyrs Cyricus & his mother in the flesh Julitta, who were slain in Tarsus of Cilicia (†296). St. Vladimir, Great Prince of Kiev, Equal to the Holy Apostles (†1015).

29/16 Hieromartyr Athenogenes, Bishop of Pidachthoa in Cappadocia. He & his ten disciples were beheaded during the reign of Diocletian (284-304).

30/17 Great Virgin Martyr Marina of Antioch in Pisidia (†270).

31/18 **Sunday of the Holy Fathers who assembled in the Seven Ecumenical Councils between 325 - 787.**

AUGUST 2022

SUN	MON	TUE	WED	THU	FRI	SAT
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Civ./Lit.




FEAST DAYS



- 1/19 Translation of the holy relics of St. Seraphim of Sarov in 1903. St. Macrina of Pontus (†379), sister in the flesh of St. Basil the Great.
- 2/20 Glorious Holy Prophet Elias (Elijah) the Thesbite, whose fiery ascent as it were into the Heavens in 895 BC we celebrate.
- 3/21 Synaxis of **MO** Icon of Armatius. Ss. John & Symeon were strugglers in the Judean wilderness (†570). St. Symeon reposed in Emesa of Syria as a Fool for Christ's Sake.
- 4/22 St. Mary Magdalene, Myrrh-bearer & Equal to the Holy Apostles.
- 5/23 Synaxis of **MO** Icons of Pochaev & "Joy of All That Sorrow." Holy Prophet Ezekiel (†ca. 566 BC).
- 6/24 Great Virgin Martyr Christina of Tyre (†200).

7/25 Eighth Sunday of St. Matthew. DORMITION OF SAINT ANNA, MOTHER OF **MO**.

- 8/26 Righteous Martyr Paraskeve of Rome (†140). (The faithful pray to her for the healing of eye ailments.)
- 9/27 Holy & glorious Great Martyr & Healer Panteleimon of Nicomedia (†305).
- 10/28 Righteous Mother Irene of Cappadocia, Abbess of Chrysovalantou Convent (†9th C).
- 11/29 Martyr Callinicus of Cilicia (†ca. 250).
- 12/30 Holy Apostles of the 70 Silas, Silvan, Crescens, Epenetus & Andronicus (†1st C). St. Angelina, Sovereign Lady of Serbia (†16th C).
- 13/31 Forefeast of the Procession of the Precious & Life-giving Cross. St. Joseph of Arimathea (†1st C).

THEOTOKOS' FAST BEGINS

-  **14/1 Ninth Sunday of St. Matthew.** Procession of the Precious & Life-giving Cross from the Royal Palace into Const. Seven Maccabee Children & those with them (†168 BC).
- 15/2 Translation of the holy relics of the Proto-martyr & Archdeacon Stephen about the year 427.
- 16/3 Ss. Isaacius (†4th C), Dalmatus & his son Faustus (†5th C) of Const..
- 17/4 Seven Sleepers of Ephesus who fell asleep in the year 250 & arose in 434 only to fall asleep again later the same year.
- 18/5 Forefeast of the Holy Transfiguration of Our Saviour. Martyr Eusignius of Antioch (†361). Righteous Father John the Romanian of Hozeva (†1960).
-  **19/6 HOLY TRANSFIGURATION OF OUR LORD, GOD & SAVIOUR JESUS CHRIST**
-  20/7 Righteous Martyr Dometius the Persian & his two disciples (†363).

-  **21/8 Tenth Sunday of St. Matthew.** Emilian the Confessor, Bishop of Cyzicus (†ca. 815).
- 22/9 Holy Apostle Matthias (†63). Martyrs Julian & his fellow confessors who contested with him at the Bronze Gate in Const. (†ca. 726).
- 23/10 Martyrs Laurence, Archdeacon of Rome & those with him (†258).
- 24/11 Great Martyr Euplus the Deacon of Catania in Sicily (†304).
- 25/12 Martyrs Anicetus & his nephew Photius of Nicomedia (†ca. 288).
- 26/13 *APODOSIS OF THE FEAST OF THE HOLY TRANSFIGURATION.* St. Tikhon of Zadonsk, Bishop of Voronezh (†1783).
-  27/14 Forefeast of the Dormition of **MO**. The honoured & Life-giving Cross, whose procession back to the Royal Palace we commemorate.




28/15 DORMITION & TRANSLATION OF OUR MOST HOLY & GLORIOUS LADY, THEOTOKOS & EVER-VIRGIN MARY

- 29/16 Synaxis of **MO** Icon Feodorovskaya. Translation of the Holy Icon "Not Made By Hands" of Our Lord Jesus Christ to Const. in 944.
- 30/17 Hieromartyr Myron the Presbyter who was beheaded in Cyzicus (†ca. 250).
- 31/18 Ss. Florus & Laurus, the twin brothers who were martyred in the city of Ulpiana in Illyricum (†2nd C).

SEPTEMBER 2022

SUN MON TUE WED THU FRI SAT

US/CAN Labour day is
Monday, Sep 5 / Aug 23

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25 12	26 13	 14	28 15	 16	30 17	

Civ./Lit.

FEAST DAYS

- 1/19 Synaxis of MΘ Donskaya Icon. Great Martyr Andrew the Commander & the 2,593 others who contested with him in Cilicia (✠ca. 289).
2/20 Holy & Glorious Prophet Samuel (✠11th C BC). Martyr Photini, outside the gate of Blachernae (✠before 11th C).
3/21 Holy Apostle of the 70 Thaddeus from Edessa (✠1st C).

- 4/22 **Twelfth Sunday of St. Matthew.** Synaxis of MΘ Icon of Prusa. Martyr Agathonius of Nicomedia & his companions (✠298).
5/23 **Apodosis of the Dormition of our Most Holy Lady Theotokos.** Hieromartyr Irenaeus, Bishop of Lyons (✠ca. 202).
6/24 Synaxis of MΘ Icons of Holy Sion & Petrovskaya. New Hieromartyr Cosmas of Aetolia, Equal to the Holy Apostles (✠1776).
7/25 Translation of the holy relics of the Holy Apostle Bartholomew in the 6th Century. Holy Apostle of the 70 Titus, First Bishop of Gortynia in Crete.

- 8/26 Synaxis of MΘ Icon of Vladimir. Martyrs Adrian of Nicomedia, his wife Natalie & those with them (✠298).
9/27 St. Pimen (Poëman) the Great, Anchorite of Egypt (✠ca. 450). The Great Martyr Phanurius, the Newly Revealed of Rhodes, discovered in the year 1500.
10/28 Synaxis of the Fathers laid to rest in the Far Kiev Caves. St. Moses the Ethiopian (✠407).

11/29 Thirteenth Sunday of St. Matthew. BEHEADING OF THE VENERABLE PROPHET, FORERUNNER & BAPTIST JOHN.

- 12/30 Synaxis of all the Holy Serbian Hierarchs. Synaxis of all Holy New Martyrs of Serbia, slain by the Latins during World War II.
13/31 Hieromartyr Cyprian of Carthage (✠258). St. Aidan, Bishop of Lindisfarne & the Enlightener of Northumbria (✠651).
14/1 **THE NEW INDICTION** (the beginning of the new Ecclesiastical Year). Synaxis of MΘ Icon of Miasenae. St. Symeon the Stylite who stood upon his pillar near Antioch in Syria (✠459).
15/2 Synaxis of MΘ Icon of Kaluga. Martyr Mamas of Cappadocia (✠275).
16/3 Hieromartyr Anthimus, Bishop of Nicomedia (✠ca. 303).
17/4 Synaxis of MΘ Icon of the Burning Bush. Holy Prophet Moses, Law-Giver & Seer of God (✠ca. 1451 BC) & his brother in the flesh Aaron the Priest (✠ca. 1477 BC).

18/5 Fourteenth Sunday of St. Matthew. Holy Prophet Zacharias, father of the Venerable Forerunner.

- 19/6 Archangel Michael's Miracle in Colossae (Chonae) of Phrygia.
20/7 Forefeast of the Nativity of our Most Holy Lady Theotokos.

21/8 NATIVITY OF OUR MOST HOLY LADY THEOTOKOS

- 22/9 Synaxis of Ss. Joachim & Anna. Holy 200 Fathers of the Third Ecumenical Council in the year 431 in Ephesus which deposed the impious Nestorius.
23/10 Virgin Martyrs & sisters in the flesh Menodora, Metrodora, & Nymphodora of Bithynia (✠304).
24/11 Martyrs Ia & 9,000 slain with her in Persia (✠363). Ss. Theodora (✠ca. 490) & Euphrosynus the Cook (✠ca. 9th C) of Alexandria.

25/12 Sunday before the Exaltation of the Precious & Life-giving Cross. Apodosis of the Nativity of our Most Holy Lady Theotokos.

- 26/13 Prefestival of the Precious Cross. Hieromartyr Cornelius the Centurion from Palestine (✠1st C). Royal Great Martyr Ketevan, Queen of Georgia (✠1624).




27/14 EXALTATION OF THE PRECIOUS & LIFE - GIVING CROSS

- 28/15 Great Martyr Nicetas the Goth & those with him (✠ca. 370). St. Symeon, Archbishop of Thessalonica (✠1430).
29/16 Great Martyr & All-Famed Euphemia of Chalcedon (✠ca. 303). St. Ninian, Equal to the Holy Apostles & Enlightener of Scotland (✠432).
30/17 Virgin Martyrs Pistis (Faith), Elpis (Hope), Agape (Love), & their Mother Sophia of Italy (✠ca. 126). Martyr Theodota of Pontus (✠3rd C).

OCTOBER 2022

SUN MON TUE WED THU FRI SAT

CAN Thanksgiving is
Monday, Oct. 10 / 27

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17	18					

Civ./Lit.

FEAST DAYS

1/18 St. Apfi, Hermit & Bishop of Oxyrynchus in Egypt (✠5th C).

2/19 Sunday after the Exaltation of the Precious & Life-giving Cross. Ss. Trophimus, Sabbatius, & Dorymedon who were martyred in Antioch (✠278).

3/20 Ss. Eustathius, his wife Theopiste & their sons Agapius & Theopistus who were martyred in Rome (✠ca. 126).

4/21 *APODOSIS OF THE EXALTATION OF THE PRECIOUS & LIFE-GIVING CROSS.* Holy Prophet Jonas (✠8th C BC).

5/22 Hieromartyr Phocas, Bishop & Wonderworker of Sinope (✠102).

6/23 Conception of the Forerunner & Prophet John the Baptist.

7/24 St. Thecla of Iconium, First Woman Martyr & Equal to the Holy Apostles (✠ca. 106).

8/25 Ss. Euphrosyne & her father in the flesh Paphnutius of Egypt (✠5th C).
St. Sergius, Abbot & Wonderworker of Radonezh (✠1392). Synaxis of the Fathers laid to rest in the Near Kiev Caves.

9/26 First Sunday of St. Luke. Translation of the Holy Apostle & Evangelist John, the Theologian in the year 100.

10/27 Holy Martyr Callistratus & Forty-Nine other Martyrs beheaded with him in Rome (✠288).

11/28 Holy Prophet Baruch (✠6th C BC). St. Chariton the Confessor of Palestine (✠4th C). Martyr Wenceslaus, Prince of Bohemia (✠929).

12/29 Righteous Father Cyriacus the Anchorite of Palestine (✠555).

13/30 Hieromartyr Gregory the Illuminator, Bishop of Greater Armenia (✠ca. 325).


 14/1 *HOLY PROTECTION OF OUR MOST HOLY LADY THEOTOKOS.* Synaxis of **MO** Icon called "Quick to Hear." Holy Apostle of the 70 Ananias, who baptized the Holy Apostle Paul.

15/2 Bishop Cyprian, the former sorcerer, & Virgin Justina both martyred in Nicomedia (✠ca. 304).

16/3 Second Sunday of St. Luke. Hieromartyr Dionysius the Areopagite (✠ca. 96). St. Ieronymos of Aegina (✠1966).

17/4 Saint Hierotheus, Bishop of Athens (✠1st C), a disciple of the Apostle Paul.

18/5 Synaxis of the Hierarchs of Moscow: Peter, Alexis, Jonas, Philip, Hermogenes, & Tikhon. Martyr Charitina of Amisus (✠290).

 19/6 Synaxis of **MO** Icon called "O All-hymned Mother." Holy Apostle Thomas.

20/7 Ss. Julian the Presbyter, Caesarius the Deacon & those with them martyred in Campania (✠1st C). Ss. Sergius & Bacchus martyred in Syria (✠ca. 296).

21/8 Martyr Pelagia of Antioch (✠3rd C). St. Thaïs of Egypt, the former harlot (✠4th C). St. Pelagia, the former courtesan of Antioch (✠5th C).

22/9 Holy Apostle James, the son of Alphaeus.

23/10 Third Sunday of St. Luke. Synaxis of the Righteous & God-bearing Fathers of Optina Monastery.

24/11 Holy Apostle of the 70 Philip from Palestine, one of the seven Deacons.

25/12 St. Symeon the new Theologian of Const. (✠1022).

26/13 Synaxis of **MO** Icon called "Keeper of the Portal (Portaitissa)."

27/14 Martyrs Nazarius, Celsus, Gervasius & Protasius who contested in Milan (✠1st C).

28/15 Hieromartyr Lucian, Presbyter of Antioch the Great who contested in Nicomedia (✠ca. 311).


29/16 Martyrs Longinus the Centurion & his fellow Roman soldiers Isaurus & Aphrodisius (✠1st C).

30/17 Sunday of the 350 Holy Fathers of the Seventh Ecumenical Council in Nicaea in the year 787. Synaxis of the Twenty Holy & wonderworking Unmercenary Saints.

31/18 Holy Apostle & Evangelist Luke. St. Gwen of Cornwall (✠ca. 5th C).

NOVEMBER 2022

SUN MON TUE WED THU FRI SAT

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27	28		30	US Thanksgiving is Thursday, Nov. 24/11		
14	15	16	17			

Civ./Lit.

FEAST DAYS

- 1/19 Holy Prophet Joel (†9th C BC). St. John the Wonderworker of Kronstadt (†1908).
 2/20 Great Martyr Artemius, Governor of Alexandria & later Patrician who was beheaded by Julian the Apostate (†361).
 3/21 Translation of the holy relics of St. Christodoulos of Patmos. St. Hilarion the Great of Palestine (†372).
 4/22 Synaxis of **MO** Icon of Kazan. St. Abercius the Wonderworker, Bishop of Hieropolis & Equal to the Holy Apostles (†ca. 167).
 5/23 Holy Apostle James, the Brother of God & First Bishop of Jerusalem (†ca. 62).

- 6/24 **Sixth Sunday of St. Luke.** Synaxis of **MO** Icon called "Joy of All that Sorrow." Great Martyr Al-Harith (Arethas) & his fellow Martyrs in Najran (†524).
 7/25 St. Tabitha of Joppa whom St. Peter raised from the dead (†1st C).
 8/26 Holy & glorious Great Martyr Demetrius, the Wonderworker & Myrrh-streamer of Thessalonica (†290).

- 9/27 St. Prokla, wife of Pontius Pilate. Martyr Nestor of Thessalonica (†290).
 10/28 Commemoration of the revealing of the holy incorrupt relics of our Blessed St. Philaret, Metropolitan of New York, the New Confessor in 1998.
 11/29 Martyr Anastasia of Rome (†256).
 12/30 Martyrs Zenobius, Bishop of Aegea in Cilicia, & his sister in the flesh Zenobia (†ca. 290).

- 13/31 **Fifth Sunday of St. Luke.** Holy Apostles of the 70 Stachys, Apelles, Amplias, Urban, Narcissus & Aristobulus. Holy 100,000 Martyrs of Tbilisi, Georgia (†1227).
 14/1 Holy Wonderworking Unmercenaries & brothers in the flesh Cosmas & Damian of Asia Minor & their Righteous Mother Theodota (†3rd C).
 15/2 Martyrs Acindynus, Pegasius, Aphthonius, Elpidophorus, & Anempodistus of Persia (†ca. 330).
 16/3 The desposition of the body of the Great Martyr George in Lydda of Palestine during the reign of Saint Constantine the Great.
 17/4 St. Joannicius the Great of Mount Olympus (†834).
 18/5 Martyrs Galaction & his bride Episteme born & raised in Emesa (†ca. 250). St. Gregory the Confessor, Archbishop of Alexandria (†ca. 820).
 19/6 St. Paul the Confessor, Archbishop of Const. (†350).

- 20/7 **Seventh Sunday of St. Luke.** Thirty-three Martyrs of Melitene in Armenia (†290). St. Lazarus, the Wonderworker & Stylite of Mt. Galesion (†1053).
 21/8 **SYNAXIS OF THE HOLY ARCHANGELS MICHAEL, GABRIEL, & RAPHAEL, & ALL OF THE OTHER BODILESS POWERS.**
 22/9 Martyrs Onesiphorus & Porphyrius whose relics are buried at Pentapolis in Egypt (†ca. 290). St. Nectarius, the Wonderworker of Aegina & Metropolitan of Pentapolis in Egypt (†1920).
 23/10 Holy Apostles of the 70: Olympas, Rodion, Sosipater, Quartus, Tertius & Erastus.
 24/11 Great Martyr Menas of Egypt (†296). St. Vincent of Spain (†304). St. Theodore the Studite & Confessor of Const. (†826).
 25/12 St. Martin the Wonderworker, Bishop of Tours in Gaul (†397). St. John the Almsgiver, Archbishop of Alexandria (†619). St. Nilus, the Myrrh-streamer of Mount Athos (†1651).
 26/13 St. John Chrysostom, Archbishop of Const. (†407). Blessed Irene Myrtidiotissa of Oinousses (†1960).

- 27/14 **Eighth Sunday of St. Luke.** Holy & Glorious Apostle Philip. St. Gregory Palamas the Wonderworker, Archbishop of Thessalonica (†1360).

HOLY NATIVITY FAST BEGINS

- 28/15 Martyrs & Confessors of Edessa in Syria: Guria & Shamuna (†288) & Habib (†316). St. Paisius Velichkovsky who reposed in Moldo-Walachia (†1794).
 29/16 Holy & Glorious Apostle & Evangelist Matthew.
 30/17 St. Gregory the Wonderworker, Bishop of Neocaesarea (†266). St. Hilda, Abbess of Whitby (†680).

DECEMBER 2022

SUN MON TUE WED THU FRI SAT



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10/27 Synaxis of **MO** Kursk-Root Icon "of the Sign." Great Martyr James the Persian (✠421). Righteous Father Gregory of Sinai (✠1346).

11/28 **Thirteenth Sunday of St. Luke.** Righteous Martyr Stephen the New of Const. (✠767) & the others who suffered martyrdom for the sake of the holy icons.

12/29 Martyr Paramonus of Bithynia & the 370 who contested with him (✠250).

13/30 Holy, Glorious & All-lauded Apostle Andrew, the First Called (✠62).

14/1 Holy Prophet Nahum (✠7th C BC). Righteous Father Philaret the Merciful, Almsgiver from Amneia (✠792).

15/2 Holy Prophet Abba (Habakkuk) (✠7th C BC). Martyr Myrope of Chios (✠ca. 250).

16/3 Holy Prophet (Zephaniah) Sophonias (✠7th C BC).

17/4 Great Martyr Barbara & her fellow Martyr Juliana in Heliopolis (✠290). St. John of Damascus, Monk & Presbyter of Mar Sabbas Monastery (✠760).

18/5 **Tenth Sunday of St. Luke.** Righteous & God-bearing Mar Sabbas the Sanctified of Palestine (✠533). St. Guria, First Archbishop of Kazan (✠1563).

19/6 St. Nicholas the Wonderworker, Archbishop of Myra in Lycia (✠330).

20/7 St. Ambrose, Bishop of Milan (✠397).

21/8 Holy Apostles of the 70: Crispus, Sosthenes, Apollo, Cephas, Tychicus, Epaphroditus, Caesar, & Onesiphorus. Righteous Father Patapius from the Thebaïd of Egypt (✠ca. 463).

22/9 **RIGHTEOUS ANNA'S CONCEPTION OF OUR MOST HOLY LADY THEOTOKOS.** Synaxis of **MO** Icon called "Unexpected Joy."

23/10 Martyrs Menas, the Most Eloquent, Eugephus, & Hermogenes, officials of the Roman Emperor Maximinus (✠235).

24/11 St. Daniel the Stylite of Const. (✠490).

25/12 **Eleventh Sunday of St. Luke: Sunday of the Holy Forefathers.** St. Spyridon the Wonderworker, Bishop of Trimythus in Cyprus (✠348). New Martyr Peter the Aleut slain by the Latins in San Francisco (✠1815). St. Herman of Alaska, Enlightener of the Aleuts (✠1836).

26/13 Martyrs Eustratius, Eugene, Auxentius, Mardarius & Orestes of Greater Armenia (✠296). Virgin Martyr Lucia of Syracuse in Sicily (✠304).

27/14 Martyrs Thyrsus & Callinicus at Apollonia in the Hellespont, & Leucius of Asia Minor (✠250).

28/15 Hieromartyr Eleutherius, Bishop of Illyricum & those beheaded with him: Anthia his mother; Coremmon the Eparch; & two Executioners converted through St. Eleutherius (✠126).

29/16 Holy Prophet (Haggai) Aggeus (✠ca. 6th C BC). St. Theophano, Empress & Wonderworker of Const. & wife of Emperor Leo the Most Wise (✠ca. 895).

30/17 Holy Prophet Daniel (✠ca. 532 BC). Holy Three Children in Babylon: Ananias, Azarias, & Misael (✠6th C BC).

31/18 Martyrs Sebastian, Zoë & others contesting with them in Rome (✠288).

Civ./Lit.

FEAST DAYS

1/18 Martyrs Plato of Ancyra (✠266) & Romanus of Antioch (✠305).

2/19 Holy Prophet Abdias (Obadiah) (✠9th C BC). Martyr Barlaam of Antioch who contested during the reign of Diocletian (284-305).

3/20 Forefeast of the Entry of **MO** into the Temple.

4/21 **ENTRY OF OUR MOST HOLY LADY THEOTOKOS INTO THE TEMPLE**

5/22 Holy Apostles of the 70: Philemon & his wife Apphia, Archippus, & Onesimus - all from Phrygia.

6/23 St. Amphilocheus, Bishop of Iconium (✠ca. 395). St. Aleksandr Nevsky Grand Prince of Vladimir, Russia (✠1263)

7/24 Hieromartyrs Clement, Bishop of Rome (✠ca. 100) & Peter, Bishop of Alexandria (✠312).

8/25 **APODOSIS OF THE ENTRY OF MO INTO THE TEMPLE.** Great Martyr Catherine of Alexandria (✠305).

9/26 St. Alypius the Stylite in Adrianople of Bithynia (✠607). St. Innocent, the Wonderworker & First Bishop of Irkutsk (✠1731).

SUNDAY EPISTLE & GOSPEL READINGS 2022

(According to the Greek Typikon)

CIV. DATE	LIT. DATE	TONE	MAT. GOSP.	LITURGY EPISTLE	LITURGY GOSPEL	SUNDAY
JANUARY						
Jan 2	Dec 20	3 RD	6	Heb 11:9-10, 32-40 (M)	Matt 1:1-25 (M)	Sunday before Holy Nativity
Jan 9	Dec 27	4 TH	7	Acts 6:8-7:5, 47-60 (M)	Matt 2:13-23 (M)	Sunday after Holy Nativity
Jan 16	Jan 3	PL. 1 ST	8	II Tim 4:5-8 (M)	Mark 1:1-8 (M)	Sunday before Holy Theophany
Jan 23	Jan 10	PL. 2 ND	9	Eph 4:7-13 (M)	Matt 4:12-17 (M)	Sunday after Holy Theophany
Jan 30	Jan 17	GRAVE	10	Heb 13:17-21 (M)	Luke 17:12-19 (L12)	Twelfth Sunday of Saint Luke
FEBRUARY						
Feb 6	Jan 24	PL. 4 TH	11	I Tim 4:9-15 (P32) & Rom 8:28-39 (M)	Luke 19:1-10 (L15) & Luke 21:12-19 (M)	Fifteenth Sunday of Saint Luke & New Russian Martyrs
Feb 13	Jan 31	1 ST	1	II Tim 3:10-15 (P33)	Luke 18:10-14 (L16)	Publican & Pharisee Sunday
Feb 20	Feb 7	2 ND	2	I Cor 6:12-20 (P34)	Luke 15:11-32 (L17)	Sunday of the Prodigal Son
Feb 27	Feb 14	3 RD	3	I Cor 8:8-9:2 (P35)	Matt 25:31-46 (P35)	Meatfare Sunday
MARCH						
Mar 6	Feb 21	4 TH	4	Rom 13:11-14:4 (P36)	Matt 6:14-21 (P36)	Cheesefare Sunday
Mar 13	Feb 28	PL. 1 ST	5	Heb 11:24-26, 32-40	John 1:43-51	Sunday of Orthodoxy
Mar 20	Mar 7	PL. 2 ND	6	Heb 1:10-2:3	Mark 2:1-12	Sunday of St. Gregory Palamas
Mar 27	Mar 14	GRAVE	7	Heb 4:14-5:6	Mark 8:34-9:1	Sunday Adoration of the Cross
APRIL						
Apr 3	Mar 21	PL. 4 TH	8	Heb 6:13-20	Mark 9:17-31	Sunday St. John Climacus
Apr 10	Mar 28	1 ST	9	Heb 9:11-14	Mark 10:32-45	Sunday of St. Mary of Egypt
APR 17	APR 4	-	-	PHIL 4:4-9	JOHN 12:1-18	PALM SUNDAY
APR 24	APR 11	-	-	ACTS 1:1-8	JOHN 1:1-7	— HOLY PASCHA —
MAY						
May 1	Apr 18	-	1	Acts 5:12-20	John 20:19-31	Saint Thomas Sunday
May 8	Apr 25	2 ND	4	I Peter 5:6-14 (M)	Mark 15:43-16:8	The Myrrh-bearing Women
May 15	May 2	3 RD	5	Heb 13:7-16 (M)	John 5:1-15	Sunday of the Paralytic
May 22	May 9	4 TH	7	Acts 11:19-30	John 4:5-42	The Samaritan Woman
May 29	May 16	PL. 1 ST	8	Acts 16:16-34	John 9:1-38	Sunday of the Blind Man
JUNE						
Jun 5	May 23	PL. 2 ND	10	Acts 20:16-18, 28-36	John 17:1-13	Sunday of the Holy Fathers
JUN 12	MAY 30	-	-	ACTS 2:1-11	JOHN 7:37-52; 8:12	HOLY PENTECOST
Jun 19	Jun 6	PL. 4 TH	1	Heb 11:33-12:2 (P1)	Matt 10:32-33, 37-38, 19:27-30 (P1)	Sunday of All Saints
Jun 26	Jun 13	1 ST	2	Rom 2:10-16 (P2)	Matt 4:18-23 (P2)	Sunday of the Holy Fathers of Mt. Athos & All Saints of Russia

SUNDAY EPISTLE & GOSPEL READINGS 2022

(According to the Greek Typikon)

CIV. DATE	LIT. DATE	TONE	MAT. GOSP.	LITURGY EPISTLE	LITURGY GOSPEL	SUNDAY
JULY						
Jul 3	Jun 20	2 ND	3	Rom 5:1-10 (P3)	Matt 6:22-33 (P3)	Sunday of the New Martyrs of the Turkish Yoke.
Jul 10	Jun 27	3 RD	4	Rom 6:18-23 (P4)	Matt 8:5-13 (P4)	4 TH Sunday of Saint Matthew
Jul 17	Jul 4	4 TH	5	Rom 5:1-10 (M)	Matt 8:28-9:1 (P5)	5 TH Sunday of Saint Matthew
Jul 24	Jul 11	PL. 1 ST	6	II Cor 6:1-10 (M)	Matt 9:1-8 (P6)	6 TH Sunday of Saint Matthew
Jul 31	Jul 18	PL. 2 ND	7	Titus 3:8-15 (M)	Matt 5:14-19 (M)	Holy Fathers of the 1 ST -7 TH E. Councils
AUGUST						
Aug 7	Jul 25	GRAVE	8	Gal 4:22-27 (M)	Matt 14:14-22 (P8)	8 TH Sunday of Saint Matthew
Aug 14	Aug 1	PL. 4 TH	9	I Cor 3:9-17 (P9)	Matt 14:22-34 (P9)	9 TH Sunday of Saint Matthew
Aug 21	Aug 8	1 ST	10	I Cor 4:9-16 (P10)	Matt 17:14-23 (P10)	10 TH Sunday of Saint Matthew
AUG 28	AUG 15	2ND	-	PHIL 2:5-11 (M)	LUKE 10:38-42; 11:27-28 (M)	DORMITION & TRANSLATION OF THE M^{CG}
SEPTEMBER						
Sep 4	Aug 22	3 RD	1	I Cor 15:1-11 (P12)	Matt 19:16-26 (P12)	12 TH Sunday of Saint Matthew
Sep 11	Aug 29	4 TH	2	Acts 13:25-33 (M)	Mark 6:14-30 (M)	Beheading of the Forerunner
Sep 18	Sep 5	PL. 1 ST	3	II Cor 1:21-2:4 (P14)	Matt 22:2-14 (P14)	14 TH Sunday of Saint Matthew
Sep 25	Sep 12	PL. 2 ND	4	Gal 6:11-18 (M) (P22)	John 3:13-17 (M)	Sunday before the Exaltation
OCTOBER						
Oct 2	Sep 19	GRAVE	5	Gal 2:16-20 (M) (P21)	Mark 8:34-9:1 (M)	Sunday after the Exaltation
Oct 9	Sep 26	PL. 4 TH	6	I John 4:12-19 (M)	John 19:25-27; 21:24-25 (M)	St. John the Theologian
Oct 16	Oct 3	1 ST	7	II Cor 9:6-11 (P18)	Luke 6:31-36 (L2)	2 ND Sunday of Saint Luke
Oct 23	Oct 10	2 ND	8	II Cor 11:31-12:9 (P19)	Luke 7:11-16 (L3)	3 RD Sunday of Saint Luke
Oct 30	Oct 17	3 RD	9	Titus 3:8-15 (M)	Luke 8:5-15 (L4) (M)	Holy Fathers of the 7 TH E. Council
NOVEMBER						
Nov 6	Oct 24	4 TH	10	Gal 2:16-20 (P21)	Luke 8:27-39 (L6)	6 TH Sunday of Saint Luke
Nov 13	Oct 31	PL. 1 ST	11	Gal 6:11-18 (P22)	Luke 16:19-31 (L5)	5 TH Sunday of Saint Luke
Nov 20	Nov 7	PL. 2 ND	1	Eph 2:4-10 (P23)	Luke 8:41-56 (L7)	7 TH Sunday of Saint Luke
Nov 27	Nov 14	GRAVE	2	I Cor 4:9-16 (M)	Luke 10:25-37 (L8)	8 TH Sunday of Saint Luke
DECEMBER						
DEC 4	NOV 21	PL. 4TH	-	HEB 9:1-7 (M)	LUKE 10:38-42; 11:27-28 (M)	ENTRANCE OF THE THEOTOKOS
Dec 11	Nov 28	1 ST	4	Eph 5:8-19 (P26)	Luke 18:18-27 (L13)	13 TH Sunday of Saint Luke
Dec 18	Dec 5	2 ND	5	Gal 5:22-6:2 (M)	Luke 13:10-17 (L10)	10 TH Sunday of Saint Luke
Dec 25	Dec 12	3 RD	6	Col 3:4-11 (P29) (M)	Luke 14:16-24 (L11) (M)	Sunday of our Holy Forefathers

Orthodox Christian Fasting Guidelines

The following is a general statement concerning fasting guidelines used in Orthodox Christianity.

As in the first millennium, so also today, there are a variety of guidelines for Orthodox fasting. There are a number of reasons for the variety: the availability of local foods, climate and bodily health considerations, just to mention a few. Therefore certain fasting days or weeks noted in this calendar may differ from local practice. Please consult with your parish priest concerning any fasting differences.

The message of fasting found in the Holy Scriptures and in the writings of the saints can simply be stated: "Fasting is the beginning and foundation of every spiritual activity...If you remove this foundation and substitute for it a full stomach and improper desires, they will be undermined like sand by evil thoughts, and the whole structure of virtues will be destroyed (cf. Matt 7:26; Luke 6:49). To prevent this from happening...let us stand gladly on the solid foundation of fasting. Let us stand firmly, let us stand willingly!" *Saint Symeon the New Theologian - The Discourses*

PASCHALION FOR THE YEARS 2023 TO 2032

<u>YEAR</u>	<u>CIVIL</u>	<u>LITURGICAL</u>		<u>YEAR</u>	<u>CIVIL</u>	<u>LITURGICAL</u>
2023	April 16	April 3		2028	April 16	April 3
2024	May 5	April 22		2029	April 8	March 26
2025	April 20	April 7		2030	April 28	April 15
2026	April 12	March 30		2031	April 13	March 31
2027	May 2	April 19		2032	May 2	April 19
GLORY BE TO GOD FOR ALL THINGS						

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